The Christmas Story, Part II

1993-12-24

1993-1224-001	Indeed, beloved and holy and only Child of our Heavenly Father you, everyone seemingly separate, every one of you, the only Child of our Heavenly Father, Child of Light divine it is in great joy that I come to abide with you again, as you would see it, in this evening of your timing. It is always in great joy that I come to abide with you for that is where I abide always: in what you would see as the beingness of joy.
1993-1224-002	For as the Child of our Heavenly Father, I know that I am Love and Light divine. I know that I am All as you are one with our Heavenly Father. And in that knowingness as you would call it, there is great joy. There is total freedom and radiance. That is your true essence. You are energy, expressing as Light and experienced as Love. Every One of you.
1993-1224-003	It is great to see our circle expanding {as people continue to come in}. This is symbolic of the very state of being that you are. It is a state of expansion.
1993-1224-004	Welcome. Come in.
1993-1224-005	{People keep coming in, and the group moves the chairs in the circle to include them.}
1993-1224-006	Soon you will be in the plants {speaking to one who is sitting near two tall plants}. It is good company.
1993-1224-007	That's for sure.
1993-1224-008	Beloved Elder will soon have someone sitting on his lap. I don't think he would object.
1993-1224-009	{Laughter.}
1993-1224-010	You have {speaking to one who is holding a teddy bear} our beloved rabbi of the other evening, this furry rabbi, our teacher, one who elicits much love, one who is a great mirror for you for the Love that you are. For as you would behold one that you would call the stuffed animal, and the feeling of the heart would be one of expansion, of opening, of letting the love outpour, it is as a mirror for you of the energy that you are.
1993-1224-011	That is why I have called this furry one "rabbi." And many other rabbis, as you have seen, are now lined up in what we would call the gallery, the

window gallery {referring to the collection of stuffed animals to be donated to local agencies at Christmas}.

- There are many beings, as you would see them, bodies, sitting upon the chairs, consciousnesses that have brought the bodies together to express. And there are many more of what you would term Light beings in this room as well, for where you are gathered, the consciousness of Light that you are, you attract unto yourself others of like mind, others of like awareness. And so this room, if you would receive it, is full of your brothers and sisters in the Light that they are.
- 1993-1224-013 {More people continue coming in.}
- 1993-1224-014 Renowned guests.
- 1993-1224-015 I see that my ancient friend and teacher {Judi} has removed the furry boots this time before we started. For those of you who were here last week, you saw my feeling of having the feet constricted. That will never do. Bare-feet always.
- 1993-1224-016 I would invite you to begin this evening with what you would term a short meditation, to bring the energies together. For as you have seen, all of you have come from many activities during the day, the activities of driving to get here, and there is much on your minds.
- 1993-1224-017 So I would suggest that we start with coming unto the place of the heart. I would invite you to close your eyes for a moment and to breathe in the golden white Light that you are. Take it deeply within the cells of the body. Breathe in the golden white Light that you are. Feel it going down to what you would know as the toes, the feet. Feel it extending throughout the very fingertips. Breathe in the golden white Light that you are. Exhale the Love that you are.
- 1993-1224-018 Breathe in the golden white Light that you are. Feel it coming in the very crown of the head. Feel the Light coming down past the eyes, past the mouth and chin, the neck, the chest. Release all feeling of constriction, of hurry, of activities that you may have brought with you in the mind.
- 1993-1224-019 Breathe in the golden white Light that you are. Take it very deeply within the solar plexus. Feel yourself to be one with the golden white Light that you are. Feel the cells of the body lighting up, each one, with the Light that you are.
- 1993-1224-020 Breathe in the golden white Light that you are and take it deeply within, down to what you would see as the toes, and allow it to be released through the fingertips and the toes. Quiet the mind and return again with

me unto the place of the heart, the place of perfect stillness, the place of peace.

- 1993-1224-021 Breathe in the golden white healing Light. The golden white wholing Light. The whole Light of your being. Take it deep within the chest, deep within the heart, and know yourself to be one with the Light that you are.
- 1993-1224-022 Breathe in the golden white energy that you are. Feel it vitalizing every cell in the body. Know yourself to be one with the energy of Love, abiding in that place of perfect stillness, of perfect peace.
- Those of you who would perceive a need for wholeness, in the body, in the affairs, in the emotions, breathe in the golden white Light that you are into any circumstance that you would see in your life. Know the wholeness that you are. Accept the healing that you, as the golden white ray of Light, are.
- 1993-1224-024 Be at one with the peace of the heart. Know that everything and every circumstance in your life is one of joy and one of love. For truly, on just the other side of what you would see as a constriction is the shift that allows you to know your wholeness, your expansion, the only Child of our Heavenly Father.
- 1993-1224-025 Breathe in the golden white Light that you are. Exhale the Love that you are.
- 1993-1224-026 Know yourself to be one with the very energy that is in this room, the energy that you would see embodied in your physical forms and the energy that you would see as Light, your brothers and sisters in another form.
- 1993-1224-027 Accept the blessing of Love that is in this room. Take it deep within your heart and know the peace that abides in the heart. Whenever you would feel troubled, whenever the world would speak to you of constriction, limitation, lack, return swiftly unto the place of the heart, the place of peace that you have touched now in this time.
- 1993-1224-028 This is the Kingdom of Heaven within. It is the place of the heart. It is not to be found without, in anything of the world, but it is to be found always within you as you.
- And now, bringing with you that peace and that stillness, come again unto this point of focus. When you feel comfortable, open the eyes, but keeping always that place of peace, that feeling of peace with you, for that is your divine inheritance. That is who you are and it abides always. At a moment's notice, whenever you make the choice to return again unto the place of the heart, instantly you are there and I join you, for that is where I abide always: in eternity, in the place of Love.

- 1993-1224-030 For that is who you are. When you pause as we have just done, and return unto that place of peace, the place of stillness, you connect with the very energy that you are. It is a peaceful energy. It is the place of all wisdom, and from that place you go forth with dynamic energy to do whatever you are directed to do, but return always unto that place of quietness and listen for the still small Voice, which is your inner wisdom. It is not a voice that comes from afar off and will tell you something, direct you, but it is your own wisdom that you connect with. And it takes only your willingness to turn unto that place and to stop for a moment.
- 1993-1224-031 All of you in this time, in what you call your holidays, are manifesting for yourselves a grand opportunity to choose: either to choose for the world and the activities that would tell you to rush hither and thither and to be here and to buy this and, "Is this gift good enough? Should I buy another?"

 Always choices. But it is a grand opportunity to say, "Where do I abide?

 What is my true nature? Who am I?" And to pause and to come unto that place of power. Not as the world defines power, but that place of power which is the Love and the peace of the heart.
- 1993-1224-032 Especially in this time you give unto yourselves a grand choice, for the world speaks loudly in these weeks before what you would see as a holy time. And it is truly a holy time, for it gives unto you a grand opportunity, a time of wholing.
- 1993-1224-033 Pause in each moment to know your own holiness. It is not a time to celebrate my birth as the world would speak unto you, to speak of a birth that happened two thousand years ago, the birth of one Jeshua ben Joseph, who was Very God upon this plane -- and I was and I am and you are -- but it is to pause and to celebrate your own birth. And what comes quickly now for you is the awareness that you are as I am.
- 1993-1224-034 You are my sister, expressing in this time and in this place. You are the Child of our Heavenly Father, as I am, and you have chosen to express in this time and space the Love that you are as it was seen that I came and expressed the Love that I am, to make a demonstration as it would be. And yet, what I did you do also. You have done in physical form what has been ascribed unto me.
- 1993-1224-035 For how would you relate unto what happened, the circumstances of my life? How would you understand? How would you feel an alignment in the heart with the very events that are ascribed unto me in that lifetime? How would you know that if you had not experienced it, as you would see it, some time, some where, some space? A thought to ponder. For you cannot

relate to something that you have not experienced on some, as you would see, level. Food for thought.

- 1993-1224-036 You also are experiencing upon this plane all of the challenges, all of the joys that have been ascribed unto that lifetime for me as you meet with your brothers and sisters and they bring up for you something to look at right in front of the face, a challenge. Each day brings its gifts. Each day brings unto you the choice of, "Where do I abide?" And you are choosing more rapidly to abide in the place of the heart. A wise choice.
- 1993-1224-037 All of you in this room have answered an invitation. This is my Christmas party I am throwing for you. Thank you for receiving the invitation and for coming this evening.
- 1993-1224-038 All of you in this room are of a lineage that goes back farther than time, father than you would see time. For truly you are the only Child of our Heavenly Father. But as you would see time evolving upon this plane, there is a certain lineage of ones who have been in alignment with what has been called the mystical writings, the mystical teachings, the ancient knowledge.
- 1993-1224-039 When you first decided to experience life upon this plane, many of you were here at the creation, at the birth of our Holy Mother, the Earth. Many of you participated in the birthing of the Light being known as our Holy Mother. And when you first experienced the Grand Adventure upon this plane, you came as Light beings in what you would see as a form -- a very fluid form, but there was form to it -- and you knew your oneness as the Light that you are, for truly you were the Light expressing upon this plane and you could see it.
- 1993-1224-040 And as what you would see as time evolved, the molecules of physicality that you were attracting unto yourself became a bit denser. And you became more solid. You became more in focus with what you would see as the body. But even at that time there was still an opening above what you would see, what has been called the crown chakra even now, the energy vortex that is right here {pointing to the top of the head} -- a very powerful vortex -- and there was an opening, an area that was not hard. The skull had not formed over top. This is why when you see the newborn infants, there is the what is called the soft spot, and it has not grown over. And so for a long period of time while you were evolving, this was still open as it is now for the infants.
- 1993-1224-041 There is the skull, yes. It is hard. It is the encasement but the energy that you are, the energy vortex, is not contained within what you would see as

the solid body — which is not that solid. It is quite flexible. It moves. It smiles.

1993-1224-042 **Better late then never.**

1993-1224-043 Exactly, and there is no time where I abide, so welcome {speaking to ones who have just come in}.

1993-1224-044 That's right.

But in what you would see as the progression of time, there was a focus of attention that became more and more intensely focused upon the body and what the five senses would speak unto you. But there were still many of you who knew your oneness with the Heavenly Father, and even though the focus of attention would be very much placed upon the experiences of physicality and whether to run into a tree or not — as some of our brothers did — whether to run and to escape the other creations that you had put upon the Holy Mother Earth, there was still a Voice that spoke to you of more, of the Light that you are, and there was a knowing that you were one with a grand energy. And this energy became worshipped, seen to be outside of you. It was seen to be gods, goddesses, forces of nature, and it was thought to be outside, to be worshipped. And yet, it was the Voice within you, calling you Home. For truly, there is nothing outside of you. Whatever you recognize is you.

1993-1224-046 But through the lineage that all of you share, there was always what you would see as a searching, a knowing deep within you that spoke to you that you were one with more than just what is in front of you. And down through the civilizations this wisdom was kept alive from generation to generation through schools of thought, different ones, with the wisdom being passed on always, because there was a knowing inside and a yearning to know that you are much more than just the body that sits upon the floor.

In the time of the great civilizations — and there have been many upon this plane — there have always been the ones who were, as you would see, the keepers of the wisdom. And you were ones who did that. In the time of Atlantis, before the final upheaval and submerging, there were ones of you who knew what was going to happen and there were ones of you who made trek unto another part of our Holy Mother, the Earth, unto a place called Egypt. And you took with you the ancient knowledge, and out of that grew a dispersement of the Brotherhood, for truly you are all of the Brotherhood of Light. You have heard that.

1993-1224-048 There are ones of you who have accepted physicality to be upon this plane and there are others of your brothers who are expressing on what you

would see as other planes and yet, there is no discreteness about it. It is all one, but it is, as you would see it, on different planes.

- 1993-1224-049 And some of you took the knowledge and the wisdom and formed yourself into a brotherhood called the Essenes. You kept alive the ancient wisdom of the oneness. You studied the heavens and you knew yourself to be one with the light of the stars, the very stars in the heavens. You studied all of the ancient writings and the symbolism, and you knew even in mathematical form that there was much more to the writings than just what appeared on the surface. And you kept this alive for your brothers and sisters.
- 1993-1224-050 Now, why do I speak of this in this evening? Because it is your heritage and it is my heritage. This was the community into which I was born, into which I was called -- and you called me. For truly, as you have seen it, there are times upon this plane where the consciousness of mankind/womankind calls forth a realization, an awareness of who you are -- you would see it as an acceleration -- and the very consciousness of all of you draws forth the age, the experiences. And you are now on what you would see as the threshold of a New Age.
- 1993-1224-051 And it is not because I and my brothers come and speak to you this way that we are going to usher in a New Age. It is not that we are going to instantly be here and everything is going to be heaven upon earth. It does not happen that way, because it is a partnership, because we are all the Child of the Heavenly Father and we work in partnership.
- 1993-1224-052 You, and you, and you, all of you have called me forth. This is why I come and I speak unto you on these Friday evenings and I tell you that you have called me forth. I am your servant. For truly, you could be somewhere else in this evening with the focus of attention upon what you would see as your department stores and your Christmas shopping, or at what you would see as one of your movies or somewhere else, with the focus of attention somewhere else. But you have chosen to be here, and by your willingness to come and to invite me to be here with you, we manifest what is happening in this room.
- 1993-1224-053 I am always in this room. I am always with you wherever you are. In your truck. In the woods. In your car. In your home. In your shower. I will not embarrass you.
- 1993-1224-054 {Laughter.}
- 1993-1224-055 You call me forth as your servant to be a mirror unto you. For what you behold in me is what you are. It mirrors to you what you are ready to accept as the Light and the Love that you are. It is all yours.

- So in this time that you would see as two thousand years ago, there was a consciousness of readiness that was expecting a messiah to come. It had been written about in your Holy Scriptures and it had been studied, and there was an expectancy that knew in that lifetime of the scholars who were studying it, they knew that in their lifetime the messiah would appear, and they knew the signs that were to be in the heavens. They knew the heritage. And there was -- as there is now -- a grand expectancy.
- 1993-1224-057 At the monastery at Mount Carmel there were ones who studied and kept the wisdom alive. And as children at the age of six or seven, as the children were seen to have an interest, an aptitude, an alignment for the mystical studies and for what you would see as the mystical experiences, having already known their oneness, there were ones who were invited to come and to study, and my mother was one -- Mary -- who was invited to come and to study. She was one of twelve who were invited at a certain time to come and to be there and to study with the teachers.
- 1993-1224-058 My mother's birth was also of what the world would call unusual circumstances. My mother was one who knew from a very early age that she was one with our Heavenly Father. She knew the Love that she is. She was gentle of Spirit and pure of heart, as were the other girls who were invited to come at that time. For it was known that one of the twelve would be the mother of the long-awaited messiah, but it was not known at the time when the twelve were invited, it was not known which one, but it was known that one of them would be.
- 1993-1224-059 And through what you would see as signs it was told unto the Brotherhood of that Essene community, it was told that Mary was to be the mother of the one who would come to be the messiah at that time.
- 1993-1224-060 Now, this was not the first time that I had been upon this plane, that I had experienced and expressed upon this plane. I have come often. I have come as Adam, as Melchizedek, as Joshua, as Elisha, as Jeshua. Fill in your own name.
- There were many times and many lifetimes that are not recorded in your ancient Scriptures, your Holy Scriptures, for I also lived lives of simple humility, as a simple farmer. Many times I came and I tilled the Earth with love, because I love our Holy Mother the Earth. I have come many times, as you have come, to express upon this plane. And when I say that I have come many times, as Adam and Melchizedek and the other names, it is not that I, Jeshua ben Joseph came, but I as the Christ energy -- and that is why I

say unto you to fill in your own name for you are the Christ energy at this moment expressing upon this plane.

- And what we will talk of this evening is the Christmas Story, Part Two, which is the story of your birth, the story of your birth as the Christ that you are, the very aliveness that you are allowing yourself to feel even by the willingness to come unto a place such as this in this evening and to partake of the energy that is here.
- 1993-1224-063 You have all come from a lineage, a grand divine lineage -- and this is not to exclude the brothers and sisters who are not in this room, for they are making their own choices and they are upon their own paths and they will come again as you are, they will come Home in awareness.
- 1993-1224-064 But you are at a place of saying, "I wish to know who I am." Have you not said that?
- 1993-1224-065 **{Agreement.}**
- 1993-1224-066 Yes. All of you in this room have said that from time to time. "Who am I? Why am I here?" And you have called out from the very depths of your soul to experience -- not just to know it with the mind, not just to know it in a book, not just to have someone come and tell you -- but "I want to know." Right?
- 1993-1224-067 Yeah.
- "I want to live it." And when the soul decides to experience the holiness that you are, all of creation will rearrange itself so that can be accomplished. And that is what you are experiencing now in this time, as you would see it, these closing years of what you would see as this decade and this century and this millennium. It is truly an exciting time to be alive, and that is why you have chosen to be here. You are all grand adventurers. Some of you would say, "Who? Me?" and yet, it is true. You would not be expressing with the body upon this plane at this time if you were not grand adventurers. For it is a grand time to be alive, as you would see it, in the molecules of physicality, to have the body to express with.
- The Christmas Story, Part Two, is upon you. This year in your holidays is the celebration of your birth. This is why I spoke unto you earlier to pause in each moment and to ask, "Is this the voice of the world that would ask me to run hither and thither and to fill all of these deadlines?" And truly when you are caught up in the deadlines, it is deadly, for you are forgetting who you are. This year celebrate your own birth as the Christ child that you are.

- 1993-1224-070 You have all asked to know who you are. You are all creating the consciousness that will make this possible. It is not that I and my brothers, ones you would see as great masters, are going to come and present for you, in front of you, something that is already accomplished. For you as the master that you are have free choice always to accept it now or to say, "No, I will pass." And you have said that in many lifetimes: "No, not yet. Later on I'll get around to that. Let me experience one more drama of suffering, one more drama of pain." And you have put it off another year or another lifetime.
- 1993-1224-071 But I will share with you, if you will receive it, that all of you have chosen that in this year of your timing you will accept your holiness. You will accept at least some measure of knowing the Light that you are and the power of the Light that you are. And it will grow. As you have the willingness to open the heart to yourself and to your brothers and sisters, the Love that you are rushes forth and is expressed. And as it rushes forth, you know yourself to be that Love.
- 1993-1224-072 Love is not something that you can go and purchase at the Hallmark store. It is not something that you can go to your grand malls and shop for -- although the shopping is fun. I love to abide in your malls and to watch you and your brothers and sisters. Many of your brothers and sisters rush about tightly wrapped up in the energy that they are, not knowing the joy that even such a little thing as buying a gift for another can be. It matters not what the object is that is bought. What matters is the joy and the love of the heart.
- 1993-1224-073 This is why you give unto the others the gifts. For truly, in giving you are blessed. When you give unto another something that you would express your love with, there is an openness, a physical opening that happens with the energy of the heart chakra as it would be called, and it opens and the Love and the Light that you are pours forth. It can be measured even by your scientists with the technology that you now have. It can be seen.
- 1993-1224-074 As you behold a beloved pet, a flower, something of beauty, and you become one with that one -- the beloved pet, the child, the friend, the flower in its unfoldment -- you open the shutters of the heart and allow the energy that you are to pour forth in its radiance.
- 1993-1224-075 So you can imagine as you and as your brothers and sisters go rushing about in the malls trying to select the right gift and feeling so constricted about it, what does this do to the very energy that you are? It closes it down.

 And it doesn't even feel good, does it?

I, too, experienced the same emotions that you are experiencing and, as you would see, growing through. I, too, experienced the constrictions. I, too, experienced the frustrations, the self-doubt. Was I worthy? In growing up I heard the stories of my birth. I knew what was said of me. It was a tall cloak to grow into and I did not know if I would ever be able to wear those sandals. And there were many times I ran from it, feeling that it was too much to ask, for I knew the self-doubts within myself. But as I was one with those emotions, there was also the Voice within me that told me what I knew to be true, told me that I was more than the emotion I was feeling. For truly you are not the emotion. It is something that you experience. And you can abide with it for a lifetime -- many lifetimes -- and many lifetimes you have stayed with the experience of a predominant emotion until you have come to a place where the soul has said, "Enough, already. I want to experience something else," and then you have chosen anew.

1993-1224-077 This is what all of you in this room are doing in this lifetime. You have said, "Enough, already. I wish to experience something new. I wish to experience who I am, and I know it's going to be better than some of this other stuff."

Or words to that effect.

1993-1224-078 {Talking directly to a small child in the group.}

1993-1224-079 I, too, came as a young lad, as a small child and infant, and I grew as this one is growing. And I smiled and I laughed and I ran in the fields, and I felt the sunlight of our Holy Mother and I felt the drops of rain upon the head and upon the hands. And I would go out in the showers of rain and I would stand there with my face upturned, receiving the drops of rain, of the Angel of water, being one with the very energy of the water. For truly, there is nothing outside of you.

1993-1224-080 The beauty that you behold in the flower that is opening before you is there in its process for you as you. You are its creator and you are one with the very energy that is unfolding before you, and it is symbolizing for you the unfoldment that is taking place within your consciousness.

So as you look upon your flowers at this time of your holidays, and you watch them as they are growing and they are opening for you and sharing with you their beauty and their process, it is showing you what is happening with you as well. For you know it to be true that many of your brothers and sisters would pass by the flower and not even see it. They would not even know that the beauty was there, that there was Life in that form, pouring forth its beauty for you, its love for you. And yet, those of you who pause, as we did earlier, and abide in the heart can drink in the very beauty of the

tiniest alpine flower or the largest tropical flower. They are all there for you, as Christmas gifts — even in July — if you have the eyes to see it.

1993-1224-082

In what you would see as two thousand years ago, there was a birth upon this plane that was heralded. It was what your world has seen and called a birth that came through my mother, Mary, and it gave unto my father, my earthly father, Joseph, an opportunity for what you would see as growth. For he had to look at the circumstances of Mary being with child and being told that he was to be her husband, that he was to take her as his wife, and she was already with child. And it was something that he had to come to peace with, and yet, he was one who had studied the Scriptures and he knew of the birth that was to be, and he knew of the signs and he knew of the Age. And it gave unto him time to pause, as many of you have done, to look at the issues in your life, and to pause and to ask, "What is happening here? Who am I? What will others think? What is important?" This is what he wrestled with. Two years before he took Mary to be his wife, he left Mount Carmel and went to Nazareth and established the business that he is so famous for: the carpentry business. It was one of the things that he did well in that lifetime. He was a good carpenter and he enjoyed making things with his hands, and building. He was an expert craftsman, as you would see it.

1993-1224-083

He was also very learned in the ancient writings, for he had gone to Mount Carmel as a young lad and had grown up there, studying the holy writings. He knew how to heal. He knew the gift of laying on the hands and the transference of energy, the energy that would balance another, and how to call into what you would see as the body the balancing of energies that would allow the wholeness to be expressed again. There was much healing that he did while at Mount Carmel and while in the village of Nazareth. He was often called to heal all kinds of sickness and all kinds of what you would see as traumatic events.

1993-1224-084

There was a time he came and worked with the one known as my cousin, John the Baptist. Now, there was one who had a joy for life, John the Baptist. "A wild man" they called him. He was born shortly before I was. He also was of miraculous birth and he also was one who came into this expression knowing the energy that he was and is, and having the fearlessness to express it. Always, even as a young child, he would throw himself into whatever activities he chose. And there was one time when he was swimming in what you would see as the flowing water and it happened to be a part that was deeper than what he thought it would be. And when we pulled him from the water, he was not breathing. And I was desolate.

For always I had looked up to John because he was older than I -- but not by much -- and we had grown up together and shared much. And I looked unto him as an older brother, and I was desolate when I saw him on the bank, the riverbank, and not breathing. For I thought he was gone from me.

- I was a young lad and I knew myself to be one with the energy that I am and I knew that he was one with the energy that he is, but I was not so sure of the connection with the body, and I thought he was gone from me and I was desolate.
- 1993-1224-086 And my father came to me and told me to put my hands upon John and to know the healing energy, the very energy that I was and that he was, and to make the connection. And John stirred and, as you would see it, lived again.
- 1993-1224-087 And when I looked around for my father to thank him, he was not there.

 And I knew that he had come to me in what you would call as the energy form. He knew healing. He knew his wholeness and he could come unto ones who were calling out for him. The energy that he was could transport itself, as you would see. But I digress.
- 1993-1224-088 We are speaking of the birth of the Christ and of the Love of the Christ child. This is truly your holiday season. Many of your brothers and sisters will go rushing through this season to celebrate my birth, thinking it to be something that happened a long time ago and that I am far off, away, and that I need to be worshipped. I do not want your worship. I want your friendship, the equality of brothers. I want you to come Home with me.
- This Christmas season, this Christmas day which will be soon in your timing, give unto yourself the gift of Christmas. Do not celebrate someone's birth that happened a long time ago, but celebrate the birth of your Self. When you awaken on that morning, when the eyes first pop open, say unto yourself, "This is my birthday," and know that all of the gifts that are given are given unto you.
- This is a Truth, for what you see in your world and what you see in front of you is what you are manifesting in your consciousness. Others of your brothers and sisters will manifest other events and activities on Christmas day. Those will be their gifts, whether of loving form or not. But for yourself on Christmas day, when you first awaken, say unto yourself, "This is my birthday." And invite me to be one with you and I will be, for I love a celebration. It brings forth the joy in you and in me and in that place we are one.

There have been signs foretold of this time. All of you in your experiences of what you would see as the last few decades have been experiencing an acceleration of awareness, an acceleration of knowing that you are not separate from our Holy Mother. There has come about what you have seen as the awareness of the environment, to protect the environment, the animals, the endangered species, your beautiful beloved brothers and sisters

who go about in another form and are Love incarnate, as well.

1993-1224-092 It has been seen that you are not separate from the Light of the Holy Mother and there has been a movement upon this plane to see how the interaction of mankind and what man/womankind would put upon this plane, and how you would use it, how this interacts with our Holy Mother. There is much more awareness, knowing yourself to be one with the very planet upon which you walk, knowing that the energies that you are is not separate from the energy of our Holy Mother. And as you remember from last week, that is why I have spoken unto this ancient friend and teacher to always take off the shoes and the boots, to experience the vibration of the energy of the Holy Mother — even though it be filtered through what you would see as the floors of the building — and to go out often and stand barefoot upon the Holy Mother and to drink in the very energy that She is and that you are.

1993-1224-093 Many of you and many of your brothers and sisters are feeling an awareness, a remembrance of times when you raced about and ran about as the children that you are, the Child that you are, upon this plane in joy and in freedom as the energy, the Light energy that you are. For when you were first upon this plane and not as focused upon the lifetime and the voice of the world, you ran about in great freedom and you were one with the very energy of the Holy Mother, and you drank in the energy and you expressed in grand freedom.

1993-1224-094 You have called forth in the last couple of decades or so, as you would see it, great masters -- no greater than you are -- but you have called forth great masters to come in different forms and to remind you of who you are. And you have seen an evolvement of this very method of information sharing which is the catalyst for remembering, for first it was through what you would see as writings, channeled writings you call them. And you would see it in a book and you would read it and you would feel that it was outside of you, that it was written by an expert and perhaps it was true. And then you had ones who would come unto you and would speak, taking over, as you would see, taking over the body as a separate personality, and having much difficulty in expressing through the language but expressing the Love, and

the Love was felt through the words. And you saw this evolve through the one known as Ramtha and the one known as Mafu and others — many, many others who have come.

- They have come, as I do, because you called them forth, because you have been willing to accept what they have to share with you. And you have seen this evolve unto a place where there is what is called the conscious blending that you see in front of you now. For the one known as Judith, my ancient friend and teacher, is very much here with you and can be very much present with you in an instant, and yet, she lends me her body to come and speak with you. She is willing to set aside what has been known as consciousness, what felt as consciousness, and to allow this to be expanded, for she has gone nowhere -- she is right here with you -- but there is an expansion of consciousness that happens.
- 1993-1224-096 And this is to show all of you that it need not be a difficult or a separate thing that happens. It is what happens for you in any moment when you think upon me and you invite me to be with you. When you have prayed unto me, when you have called out to me, instantly I am there -- for I am nowhere else. I am always one with you. I cannot be apart from you.
- 1993-1224-097 You can make the choice to turn the focus of your attention away from me and to say that I must be afar off and that I do not hear. And this is often what happens with your brothers and sisters. In great despair, they will call upon me and cry out -- and not pause to hear my answer. For truly, I always answer. So if you call upon me, know that instantly I am with you and that I answer. I am one with you and, if you will receive it, I am you.
- 1993-1224-098 So when you come unto Christmas morning and you wake up and you say unto yourself, "This is my birthday," know that it is. It is my birthday as Gracye, as Jon. And it is my birthday as Jeshua ben Joseph, for always we are one. It cannot be otherwise. It is the same with Michael and Raquel and Howard, Beautiful Flower and Songbird, every one of you. For what you would behold as separateness is the body. The energy that you are intermingles. There is no boundary.
- 1993-1224-099 As you sit next to each other upon the chairs, you are exchanging and interflowing all the time the energy that you are. And if I be removed over there, still I can feel your energy. That is how powerful you are.
- 1993-1224-100 At this time of year these are your holidays. These are your holy days, days to know your wholeness. It is not to be holy days as the church would define them, days when you must do penance or make yourself worthy even

to celebrate the birth of someone who was Very God upon this plane. For you are Very God as well upon this plane, all of you.

1993-1224-101

It only remains for you to accept the gift of who you are and to live it in its fullness. It is here for you, and you have said that this is the year that you will accept the gift. It comes rapidly now. Not because I come and I would shove it down your throat, for truly I cannot do that and I would not do that. It is because you have made the choice to know the Child of the Heavenly Father that you are, to know the joy, the freedom, the wholesomeness, to express it, yes, in dynamic fashion -- feeling totally alive, not constricted, not held back by what the world would say you must be, that you must be a certain image. This changes, as you know, from culture to culture, from time to time. What would be seen in one culture as being valuable and be prized in another culture would not be prized at all. But the Light that you are remains everlasting, from generation unto generation, from what you would see as incarnation to incarnation, as experience to experience. For you are the one who has chosen to be in this experience and it is your choice at all times how you will experience it. For there is no one else as a grand referee that is going to say to you that you must do "x," "y" and "z." And if they do, you just love them and bless them and do what you want.

1993-1224-102 {Laughter.}

1993-1224-103 Yep.

1993-1224-104

For too long you and your brothers and sisters have looked without yourselves, have looked unto others as the authorities, have looked unto what you would know as your religious leaders, as your government, your rabbis, your parents, authority figures. You have asked everyone in your experience to, "Please, tell me how I should live?" and yet, no one can tell you how you should live, for you are the master. You are the one who is creating what you are experiencing moment by moment.

1993-1224-105 Wow!

1993-1224-106 That is the gift you give unto yourself moment by moment. You are the one who decrees what you experience in front of you. And if you like what you experience, create more of it. And if you don't like what you experience, pause for a moment. Go unto the place of the heart and ask, "How do I see this differently? Let me flip this coin to the other side," for you know there is always another side. View it with new eyes. And then proceed from the heart, from the inner wisdom that you are.

- 1993-1224-107 There is never anything hidden from you. There could not be. You are very God upon this plane. You may have a bumper sticker made that says that.

 "Follow me. I am going home."
- 1993-1224-108 {Laughter.}
- 1993-1224-109 Does it not uplift the heart to laugh?
- 1993-1224-110 Uh huh.
- 1993-1224-111 What do you feel in times of joy? You feel an expansion. You feel the energy that you are. Smile in every day. When you look in your mirror, do not contort the face and make it look a certain way and say, "Oh, my goodness." Smile. Smile at yourself. It is what you have chosen to express in this lifetime and it is beauteous.
- 1993-1224-112 Look at the beautiful hair of this one. So many beautiful strands of the reddish gold hair. Do you know that this was the color of my hair when I walked the Earth in that incarnation that is so famous? Beauteous.
- 1993-1224-113 What color eyes?
- 1993-1224-114 {Laughter.}
- 1993-1224-115 Blue with a touch of the gray.
- 1993-1224-116 Always, he has the questions. Next I will be asking you.
- 1993-1224-117 I'll be ready for the test.
- 1993-1224-118 It will not be a test, beloved brother. It is a sharing of the path. Know that whatever path you find yourself upon, I go with you. Many adventures. Many, as you would see, of the earthquakes, the upheavals, the roller coasters. And that is what you have chosen. You love the roller coasters. And there is nothing wrong in roller coasters. It gives you a grand sense of being alive, does it not?
- 1993-1224-119 Ah, yeah.
- 1993-1224-120 Ah, yeah. And you can measure from moment to moment, day by day what has been happening and therefore, "I must be alive, because, this has happened." Yes.
- 1993-1224-121 But abide always, as you are upon this roller coaster ride, abide always in the inner wisdom of knowing the Child of the Heavenly Father that you are. Express as you must the life upon this plane. Be the Love that you are and extend it unto others in whatever language they will understand. For there are those who will understand the voice of gentleness, the quiet voice, and there are those who understand the roller coaster.

1993-1224-122 And trust that it will be okay.

1993-1224-123 And trust. Truly, beloved one, before you chose what you would see as this collection of molecules, this incarnation as you would call it, you set for yourself a program a bit like the computer would have. You chose a program and you chose well. This does not mean to say... for this is true of all of you; before you chose to take on the molecules of physicality, as you see it, and to express as you are, you chose a program of predominant qualities to experience and to express in this lifetime. Other lifetimes you have chosen to express other qualities predominantly. It does not mean that is all, but there are predominant ones that will be expressed, and through the expression of those dominant qualities, you offer yourself the opportunity of enlightenment, of integration. But as you have seen even in your computer programs, they can be reprogrammed.

- 1993-1224-124 So this does not mean to say that it is predestined and set. It changes moment by moment with the choices that you make. For as you make a choice to go one step down this road, then you have a choice whether you are going to step back and go on another road or whether you will follow this one farther. It is as I walk around this circle, who would say how far I will walk before I will turn around? Always choices.
- So it is not a program that is set as predestined, but it is a program that you have chosen in general terms of dominant qualities that you will experience, and through those experiences, you will become aware of the Love that you are.
- 1993-1224-126 But, it can always be changed as one would see a miracle. And this is only what happens with the energy flow that the world does not understand, then they would call it a miracle. You are the ones who each moment collect unto yourself the very molecules of physicality that allow you to express moment by moment. And as you have seen, it changes. Sometimes you would have the hair that is the color of sunlight and other times you would have more of what you would call the silver hair. Sometimes you would be in form {gesturing straight and tall}. Sometimes you would be in form {gesturing a potbelly.} It changes.
- 1993-1224-127 You have even felt this in your own countenance on days when you feel very happy with yourself. You feel much lighter, and you go with an exuberance and an energy and you wonder, "Where has this come from?" and you feel that you almost fly through the day with energy. And other days you wake up with a heaviness and the whole day feels heavy, and yet, you can pause in any instant and change it.

1993-12-24 Oakbridge University Channeled by Judith Coates 1993-1224-128 It is a choice, and it is a choice that comes easier as you practice choosing, for it, as you would see, it builds upon itself -- a foundation -- and as you build, each choice comes easier after that. This season, these holidays, are a celebration of your birth. What are you 1993-1224-129 going to do with these holidays? 1993-1224-130 Enjoy them. 1993-1224-131 Exactly, beloved brother, and said with great wisdom, for that is where you abide: in joy. That is the Child that you are. 1993-1224-132 You, beloved angel, what gift would you give unto yourself in these holidays? 1993-1224-133 Permission to love myself. 1993-1224-134 So be it. 1993-1224-135 And you, beloved one, what gift would you give unto yourself in these holidays? 1993-1224-136 The willingness to love others. 1993-1224-137 So be it. Thank you. I will accept your love. 1993-1224-138 And you, beloved radiant one, what gift would you give unto yourself in these holidays? 1993-1224-139 I'll just have it all. 1993-1224-140 {Laughter.} 1993-1224-141 Well spoken. Why limit it? You will accept it all. 1993-1224-142 A lot of fun. 1993-1224-143 Exactly, and I will be there with you. 1993-1224-144 And you, beloved one, what gift would you give unto yourself as the Christ child that you are? 1993-1224-145 I think I'd cherish peace above all. 1993-1224-146 So be it. Peace. Abiding in the Heart that you are. You are truly peace, and you have come in what you would see as the last few years of your timing unto a place of more peace and knowing the Love that you are. It is Heaven upon Earth and you deserve it. 1993-1224-147 I'll accept it. 1993-1224-148 **Perfect.**

1993-1224-149 You, beloved brother, what gift would you give unto yourself?

1993-12-24 Oakbridge University Channeled by Judith Coates 1993-1224-150 I am going to give unto myself a continued love of Self, joy and outrageousness and permission to release what last remnants of fear I hold on to that keep me from being the Christ that I am. 1993-1224-151 Well said. So be it. Know that I go with you. 1993-1224-152 And you, beloved one, what gift would you give unto yourself? 1993-1224-153 I think just to be grateful for what I have and to enjoy it. 1993-1224-154 A grand gift, indeed. So be it. 1993-1224-155 And you, beautiful one, the one with the hair as an angel, what gift would you give unto yourself? 1993-1224-156 To accept love and serenity in my life. 1993-1224-157 So be it. These are gifts that are yours. Remember in each day they are yours. 1993-1224-158 Thank you. 1993-1224-159 You, beloved one, what gift would you give unto yourself this Christmas? 1993-1224-160 Freedom. Freedom. 1993-1224-161 So be it. Spoken as the Child of our Heavenly Father, for you are freedom itself in every moment. It is yours to be expressed in any way that you desire, any way that you see, for it will come in different forms and it will be expressed on different levels. There will be the freedom of the heart, the freedom of actions, the very freedom of the body to go places and the freedom to express. Enjoy. 1993-1224-162 Thank you. 1993-1224-163 You're welcome. 1993-1224-164 And you, beloved one, what gift would you give to yourself? 1993-1224-165 Being more gentle and loving with myself. 1993-1224-166 Well spoken. This is truly the only gift that you need give unto yourself: to be gentle with yourself and to know the Love that you are. You give love so freely unto others, and yet sometimes you hold it back from yourself. So be it. It is yours. 1993-1224-167 You, beloved Firewalker, what gift would you give unto yourself?

1993-1224-168 Two gifts. The first one, I choose to love myself every day, and the

second gift is to choose once again.

- 1993-1224-169 Spoken as the master that you are: to give unto yourself the second gift, the gift of choice, which gives you infinite choices, does it not? Truly, these are yours. So be it. You have always the freedom of choice, as you have been exercising in the past year of your timing, and you have been stopping in what you would see as a shorter time interval, stopping the ruminations of the mind and saying, "Hey, now, where do I abide?" Always the choice is yours and it is being wisely used.
- 1993-1224-170 Thank you.
- 1993-1224-171 And you, beloved flower, how are you?
- 1993-1224-172 Fine.
- 1993-1224-173 What gift would you give unto yourself this Christmas?
- 1993-1224-174 More self-love and less self-judgment.
- 1993-1224-175 Well spoken. For you are as this one: you are one who goes about showering your love upon others, and yet holding it back, as you would see, at arm's length from yourself. Shower it upon yourself. Every day feel yourself to be in that shower of the Love that you are. It is yours. So be it.
- 1993-1224-176 And you, beloved Songbird, what gift would you give unto yourself for these holidays?
- 1993-1224-177 I guess the freedom and trust of myself, to allow myself to be who I am. Releasing the fear of doing something wrong or judgment.
- 1993-1224-178 Exactly. To give up the constraints and to say, "This is who I am as the Child of the Heavenly Father, and I will express it in joy and freedom every moment. So be it. It is yours. Express it as you have been doing in the musical notes.
- 1993-1224-179 And you, beloved one, what gift would you give unto yourself this holiday?
- 1993-1224-180 Gifts of Truth and enlightenment.
- So be it. They are yours. You will find in the days to come that there will be the enlightenment, as you have called it. There will be the enlightenment that will come unto the mind with the shifts of perception and there will be the very enlightenment that you will feel of the Spirit as you will go in each moment lighter, with a joy, knowing that Child that you are, throwing off all of what you would see as the "shoulds" and the constraints of the world and just expressing the Child that you are. Enlightenment is yours.
- 1993-1224-182 And you, beloved angel, what gift would you give unto yourself this holiday season?

1993-1224-183 Abundance.

1993-1224-184 Well spoken. Why not? Abundance. It is yours. So be it. As the Child of the Heavenly Father that you are, all is yours. It awaits only your willingness to accept it and to see it streaming in from all avenues and all channels, as you would see, coming unto you to be used and to be allowed to flow. You enjoy that part of the flow, I know, yes. Many of your brothers and sisters do. Yes, and you will see much abundance coming unto you, for you are the one who manifests it. So be it.

1993-1224-185 And you, beloved one, what gift would you give unto yourself in these holidays?

1993-1224-186 The peace and joy of knowing who I really am no matter how hectic the surroundings.

1993-1224-187 So be it.

1993-1224-188 And abundance would be nice, too.

1993-1224-189 Oh, you would like some abundance, as well?

1993-1224-190 {Laughter.}

1993-1224-192 There is more than enough to go around.

1993-1224-193 Good. That's what I've heard.

In fact, I would charge all of you in this room to take upon yourselves the joy of expressing abundance in what you would see as your new year. Take this on as a project, to see in each day of your time and each week of your time that there is always enough and a little more to put aside. Practice in each week when you come unto what you would see as the end of a week, empty the pockets, write out a check in the checkbook to yourself -- if the pockets don't seem to have an abundance -- write out a check unto yourself and put it into a box, a jar, somewhere, a container that you would keep. Give this gift unto yourself as you are the Heavenly Father expressing upon this plane. Give that gift unto yourself each week and you will see the abundance that you are. It will be in tangible form. You will be able to take it unto the bank.

1993-1224-195 {Laughter.}

1993-1224-196 Good. Thank you.

1993-1224-197 So be it.

- 1993-1224-198 And you, beloved one, what gift would you give unto yourself?
- 1993-1224-199 The joy of the child, the little girl in me. And the... I want to get my Spirit wings.
- Truly, you have the wings already, beloved one. You go with a freedom of the joy that you are. You've been feeling the wings upon the back, as it would be, and you have been testing, in many areas, the wings. You have been as the fledgling upon the edge of the nest and you have been testing to see, "Will these support me? Where will these wings take me?" They will take you Home, beloved one. So be it.
- 1993-1224-201 And you, beloved one, the angel of the tones and the healing sounds, what gift would you give unto yourself this holiday?
- 1993-1224-202 The gift is already mine.
- 1993-1224-203 Truly spoken.
- 1993-1224-204 More of it.
- 1993-1224-205 And to accept the awareness of everything that you are. Yes. Indeed. And then, beloved one, to pass it on to others -- as you have been doing.
- 1993-1224-206 Indeed.
- 1993-1224-207 So be it. Know that I run with you as the wind. Know that I fly with you. Know that I am one with you. It is a grand delight.
- 1993-1224-208 I know that.
- 1993-1224-209 And you, beloved servant of the Heavenly Father -- and the beloved servant of the Holy Mother; many, many lifetimes knowing your oneness with the Holy Mother -- what gift would you give unto yourself these holidays?
- 1993-1224-210 I would give myself a greater sense of my own God-Self, Christ-Self, and the ability to reach out farther and farther to people that need healing, to help more and more people.
- 1993-1224-211 So be it. The opportunities will be abundant for you, and also the abundance will come to you through these opportunities.
- 1993-1224-212 Thank you.
- 1993-1224-213 So be it.
- 1993-1224-214 And you, beloved one, what gift would you give unto yourself this holiday?
- 1993-1224-215 Love and joy and peace and Spirit.

1993-12-24	Oakbridge University Channeled by Judith Coates
1993-1224-216	Yes, you are truly the embodiment of Love and peace and joy. You are the Spirit. You are the Spirit of Christmas. So be it. It is yours.
1993-1224-217	You, beloved lover, what gift would you give unto yourself?
1993-1224-218	I would give myself joy like a fountain and it would just overflow with joy. That's what I would give myself.
1993-1224-219	So be it. You are truly a fountain of joy that overflows. Your cup is full and overflowing. You will see this joy manifested in many areas of your life. There will be the love, the companionship. There will be the physical manifestations of the joy and there will be, as this other one has asked for, the abundance.
1993-1224-220	Thank you.
1993-1224-221	You, beloved one, what gift would you give unto yourself? What gift would you claim as the Christ child?
1993-1224-222	I need the gift of healing. I've had some dental surgery and I've been applying some Reiki healing.
1993-1224-223	Yes, very good.
1993-1224-224	And I know that will help, has helped before.
1993-1224-225	Yes. You are the wholeness of the Heavenly Father. You are healing itself. So be it. It is your gift, beloved one.
1993-1224-226	Thank you.
1993-1224-227	It is not because I bestow these gifts upon you. It is because of your willingness to accept.
1993-1224-228	You, beloved one, what gift would you give unto yourself this Christmas time?
1993-1224-229	Several.
1993-1224-230	Yes, why limit it?
1993-1224-231	Peace. Joy. Childlike joy.
1993-1224-232	Childlike joy, yes.
1993-1224-233	And healing.
1993-1224-234	And healing.
1993-1224-235	And more practice in reverence for the Earth.
1993-1224-236	Yes, reverence for the Holy Mother, which you have done in many lifetimes. There is a connection that you know very well. Your healing of the very

body, as you see, will come through your reverencing of the Holy Mother and your knowledge of the oneness that you are with the Light that She is, the very energy that you share. There will come a day for you in what you would see as this next year of your timing when you will feel in the fullness of your being the energy of wholeness. So be it.

- 1993-1224-237 A lot more freedom.
- 1993-1224-238 You, beloved one who is growing a beard, what gift would you give unto yourself this Christmas?
- 1993-1224-239 The expression of Love and joy and peace and abundance and sharing the oneness of the Christ Spirit with others.
- 1993-1224-240 So be it. And as you know your oneness with the Christ Spirit that you are, all of the above will follow. It will be out-pictured for you.
- 1993-1224-241 Amen.
- 1993-1224-242 Amen. So be it.
- 1993-1224-243 You, beauteous one, what gift would you give unto yourself this holiday?
- 1993-1224-244 Acceptance and happiness.
- 1993-1224-245 So be it. It is yours. I accept you and your Heavenly Father accepts you, without reservation. He knows you to be perfection itself for He created you, the energy that you are, and He knows you to be perfect. Whenever you would have self-doubts or there would be a voice within -- or seemingly a voice without -- that would speak unto you that you need change something to be more worthy, stop and ask your Heavenly Father who you are. You are His Child, created in perfection, before time was. You are beautiful. This year will be a beautiful one for you. So be it.
- 1993-1224-246 You, beautiful one with the bare feet, what gift would you give unto yourself at Christmas?
- 1993-1224-247 To know who I truly am and to know that I am worthy.
- 1993-1224-248 Yes, and when you know who you truly are, you will know that you have always been worthy, that you need do nothing more: just to be the Love that you are.
- The Love that you are streams forth in such effulgence the radiance that you are if you could behold yourself, beloved one, the way I see you, you would never doubt your worthiness again. You are the beautiful radiance of the Heavenly Father Himself/Herself. Go with the joy that is your inheritance. You are the Child of the Heavenly Father. You are always

worthy. So be it. After all, beloved one, you are the sister of Jeshua ben Joseph. This should count for something.

- 1993-1224-250 {Laughter.}
- 1993-1224-251 Yes.
- 1993-1224-252 And you also. It is not that I speak to one; I speak to all.
- 1993-1224-253 You, beloved one, what gift would you give unto yourself this holiday?
- 1993-1224-254 Love and joy and integration.
- Love and joy and integration, yes. And as you take those qualities deep within you to the place that I have called the heart, there is integration, and you will come from that place in such joy as the Child that you are that your brothers and sisters will stop and look at you anew and will say, "What have you found? What new vitamin are you on? What new tonic are you taking?" So be it. This is who you are. You will enjoy it.
- 1993-1224-256 You, beloved angel, what gift would you give unto yourself this year?
- 1993-1224-257 Freedom from fear.
- So be it. It is yours. Know always that I walk with you. Not that I walk apart from you to be with you, but I walk as you, within you in the Spirit that you are. Know that we go together always and there is nothing that you need fear. There is no one outside of you who can speak unto you anything that touches you. You are the holiness -- which is the wholeness, lacking for nothing -- you are the wholeness of the Child of our Heavenly Father. Nothing can touch that. Not even your own self-doubts can touch that. There is nothing that changes who you are. You are beautiful.
- This Christmas season accept the Love that you are. You will see it coming unto you in many ways, in many forms: in the smile of a child, the smile of what you would see as a beloved pet, the beauty that you see about you. There is much that you manifest about you that is beautiful. Know that I walk always with you. If I, as the one known as Jeshua ben Joseph, if I can love you -- and I do -- know yourself to be worthy. I know who you are. The world does not. The parents do not. The other relationships in the world do not know who you are, but I know who you are and you are beautiful. You are worthy. You are Love itself. Know that I walk always with you. So be it.
- 1993-1224-260 And you, beloved one, how are you in this evening? What gift would you give unto yourself these holiday times?
- 1993-1224-261 To live in my heart all the time, every moment. To love all of me.

- 1993-1224-262 I would, if I were you. I love all of you. {Hugging.} You are truly one to be loved, to be loved in wholeness, all of you, every bit of you. You have manifested many experiences in what you would see as this lifetime. You are one who has experienced a lot in order to know that you are truly alive and in order to speak the language of your brothers and sisters. There is much that you do as the servant of the Heavenly Father and much more that you will be doing. You are Love.
- 1993-1224-263 This year, what I will be doing this year? Will I know my holiness?
- 1993-1224-264 Yes.
- 1993-1224-265 With consciousness.
- 1993-1224-266 Preferably with consciousness. Stay awake, beloved brother, stay awake. So be it.
- 1993-1224-267 And you, beloved one with the beautiful smile, what gift would you give unto yourself?
- 1993-1224-268 To connect with people and to rest, to heal myself.
- 1993-1224-269 Yes, to take time for yourself, to rest and to abide in the heart, for truly, all healing and all wisdom come from the heart.
- 1993-1224-270 And to play.
- 1993-1224-271 And to play. So be it. Know that I will play with you.
- 1993-1224-272 All right. We will go for a walk on the beach.
- 1993-1224-273 Yes, and we will run, in the water and in the wind.
- 1993-1224-274 Okay. It's a date.
- 1993-1224-275 Do you have a kite?
- 1993-1224-276 No. She's the kite flyer.
- 1993-1224-277 Ah, then together the kite and I will be with you.
- 1993-1224-278 I'll go buy one.
- 1993-1224-279 Very good. Buy one that we may share.
- 1993-1224-280 **Okay.**
- 1993-1224-281 You, beloved brother, what gift would you give unto yourself at this holiday time?
- 1993-1224-282 Wholeness and holiness.

1993-12-24 Oakbridge University Channeled by Judith Coates 1993-1224-283 So be it. To accept it this time, to accept it. Not to say, "Well, I'll come there later. It will be there for me and I'll pick it up later." This is the year; this is the time to know your holiness. So be it. Good choice, Friend, the Self that you are and that I am. 1993-1224-284 Did you make kites in your days? 1993-1224-285 Yes. Yes, we had what were called, you would call them kites. They would fly in the wind. Ones that were shaped as birds. Different shapes and colors. 1993-1224-286 Did you make them out of paper? 1993-1224-287 Yes, and other materials that were light. Ones were carved, very delicately carved out of a light wood, as well -- beauteous things to behold -- and that were light enough to fly. And do you know why we love the kites so much? It is the symbolism: the flight of who we are. The freedom. 1993-1224-288 And you, beloved one, what gift would you give unto yourself this Christmas? 1993-1224-289 I have several. 1993-1224-290 Every good. It does not need to be limited. 1993-1224-291 Okay. Well, one is abundance. 1993-1224-292 So be it. 1993-1224-293 And the release of fear. 1993-1224-294 So be it. 1993-1224-295 And self-expression that comes with self-acceptance. 1993-1224-296 So be it. 1993-1224-297 So I can celebrate all my magnificence. 1993-1224-298 Truly spoken. It is the Heart expressing. It is time. It is yours. So be it. 1993-1224-299 And you, beloved kite flyer, then, what gift would you give unto yourself this year at Christmas? 1993-1224-300 **Perfection of my body.** 1993-1224-301 True.

1993-1224-302 My unlimitedness.

1993-1224-303 So be it.

1993-1224-304 **My joy.**

1993-1224-305 So be it.

- 1993-1224-306 And the connection, the physical connection with my perfect partner. You knew that was coming.
- 1993-1224-307 I knew that would be there somewhere. So be it. It is time.
- 1993-1224-308 Yes, it is.
- 1993-1224-309 To play as the Child that you are. The two as One.
- 1993-1224-310 Yes.
- 1993-1224-311 Yes, the One as two.
- 1993-1224-312 Yeah, either way.
- 1993-1224-313 So be it.
- 1993-1224-314 And you, beauteous angel, what gift would you give unto yourself this year?
- 1993-1224-315 To be a clear channel of divine Light and Love. To know and trust my inner guidance and to let go of the pain in the body once and for all.
- 1993-1224-316 So be it. The pain as you have seen is giving you a message. The very place in the body that is crying out has a message for you. It is not by accident that you feel the pain in that part of the body. I know that you have thought upon that. There is a message, a gift for you. For as you come unto a place of making a friend of the pain and seeing how it changes, you will then share that with others in the work that you are doing. It will be a secret -- which is not hidden -- that you will pass along to others, which will help them in their path of remembering wholeness as well. So be it. There is much joy in the path that you have chosen. You are a beautiful Child.
- 1993-1224-317 Thank you.
- 1993-1224-318 Thank you.
- 1993-1224-319 You, beloved brother, what gift would you give unto yourself this year?
- 1993-1224-320 Well, first of all, I would like to give myself the gift of being very thankful for my experiences and for my beloved. And also to fully realize and express the Light and Love and joy that I am.
- 1993-1224-321 So be it. This is happening, as you have seen. More and more you are feeling a freedom of expressing who you are, and it is not by accident that this all comes together at a time when you are manifesting this love in your life. It is all part and parcel of the willingness that you are allowing yourself to express: the willingness to know the Love that you are and then to see it out-pictured for yourself in what would be the separate bodies, the friends,

the ones who come unto you to share with you who they are. There is much joy in this coming year for you. So be it.

- 1993-1224-322 And you, beloved one who showers much joy upon others, what gift would you give to yourself?
- 1993-1224-323 More awareness that I have all the gifts ever asked for, that I care more to be the giver than the gift, that actually you are both, and to totally know my connectedness with the Father and be that totally.
- 1993-1224-324 So be it.
- 1993-1224-325 To commune with the angels, and to know that there is a perfect compliment for me on this plane that would happen also.
- 1993-1224-326 So be it. And why not?
- 1993-1224-327 **Absolutely.**
- 1993-1224-328 Yes, the Love that you are desires to express more and more. You are already expressing the Love that you are. You are being the giver and the lover, and this will open even more for you in this year, what you will see as the next year in your timing.
- 1993-1224-329 Again, you are manifesting, because of your willingness, the opportunities to see the Love that you are. You see it in the others and, as you behold it in the others, guess what?
- 1993-1224-330 They are beautiful mirrors.
- 1993-1224-331 Exactly. That is who you are. Through this you will know even more totally the integration of who you are. There will come a place, a knowingness, where you will stand without doubt and you will say, "I am Very God upon this plane," and you will know it to be a Truth. "And because I am Very God upon this plane, I can be the Light and Love that I am and I can let others know the Light and Love that they are."
- 1993-1224-332 You are a joy, beloved child.
- 1993-1224-333 As you are.
- 1993-1224-334 Thank you. So be it.
- 1993-1224-335 And you, Holy Teacher, what gift would you give unto yourself?
- 1993-1224-336 Choice and freedom to be with my future partner.
- 1993-1224-337 So be it. To be with the Love who you are and to be able to express that in perfect freedom in the wholeness, in the holiness that you are.

- 1993-1224-338 I have called you Holy Teacher and that is who you are. And that is who you are beginning to accept for yourself that you are. You are a holy teacher unto others and a holy teacher unto yourself. You are Love. As you feel the love for ones -- friends, with the beloved pets -- you know yourself to be that Love.
- 1993-1224-339 And I wish my sister, Judi, a happy birthday.
- 1993-1224-340 Thank you, beloved one. She thanks you.
- 1993-1224-341 As you have seen, you have all had an opportunity to come unto a place of clarity within the heart and to ask of yourself, "What gift is most important? If I could have any gift, what would I ask for?"
- 1993-1224-342 **How about Tom?**
- 1993-1224-343 Thank you, beloved Firewalker.
- 1993-1224-344 Beloved Elder, it is not that we overlook you. What gift would you give unto yourself this Christmas?
- 1993-1224-345 To be aware of the Light that I am.
- 1993-1224-346 So be it. You are already radiating the Light that you are. You even show it in the choice of the hair, the Light that you are. You are Love upon this plane. You are a beloved servant of our Heavenly Father. Give unto yourself the gift of joy. Go with a light heart. All that you will see in this coming year are choices that you have made for expressing the Light that you are.
- 1993-1224-347 There is much joy. Go with a freedom of the heart. It is all in order -- even when there will be the schedules that seem to come back to back. There will be enough time.
- 1993-1224-348 It is not that I, as some great master, can come and grant unto you the wishes. It is because you have come unto a place of clarity within the heart and you have asked that these gifts be made manifest for you. You have come unto a place of awareness, in consciousness, of saying, "This is what is important for me." And with that very step you have set into motion the manifestation of what you have asked for. It remains only now for you to accept what you have asked for, for these gifts are truly yours already. There is no one who can keep them from you except yourself: only by turning away and denying who you are.
- 1993-1224-349 This is why we have spoken unto you that this is your holiday season. These are our holy days. You are the ones who are making it holy by the fact that you are holy. When you awaken on Christmas morning, say unto yourself,

"This is my birthday. Happy birthday," and share it with the one known as Jeshua ben Joseph. Know that it the birth of the Christ child that you are.

- There is an expectancy upon this plane that is growing. It is because your consciousness has been, as you would see it, evolving to a place where you are asking for and you are willing to see the miracles in your life, to see the Love that you are. To see it out-pictured perhaps first, and yet, by the very out-picturing you know it to be who you are. It is mankind/womankind's way to see it first outside and then to accept it.
- This is truly a time of joy. It is a time of your holidays when many are into at least what would be seen as the surface enjoyment although there is much constriction as to what should be done and how it should be done and how it should be expressed. But it is a time of joy that you manifest for yourself over and over each year. You would ask yourself, "Why do we celebrate the Christmas, the birth, the nativity as it's called, each year?" And it is to give unto yourself the opportunity to know that it is your birth. It is to give unto yourself the opportunity to pause in each moment and know your holiness. It is not to worship someone who was born two thousand years ago and who had a life that was written about in your Holy Scriptures, for truly what has been ascribed unto me is who you are, as well.
- 1993-1224-352 This year in your Christmas accept the gifts that you have asked for, for they are yours. So be it.
- 1993-1224-353 Now, I see by the clock upon the wall there that the time for a break is way overdue. Take a break and refresh the bodies, and we will meet again in what you will see as fifteen minutes of your timing. So be it.
- 1993-1224-354 {Break.}
- 1993-1224-355 {During the break, the group had a surprise birthday party for Judith.}
- 1993-1224-356 Indeed, you have just given unto yourselves the gift of celebration. Is this not true? The gift of celebrating someone's birthday. And as you have seen, as you have sung "Happy Birthday," was it not for yourself, as well?
- 1993-1224-357 What you have done in manifesting birthdays on different days of the year, as you would see it, is to place a reason upon every day to celebrate someone's birthday. And yet, it is your birthday.
- This one asks me why I did not share with her... well, she asked me first of all, did I know there was going to be a surprise birthday party? And, of course. And she asked why did I not tell her? And I said it was for the

reason, many reasons: the reason of celebration, a reason of love. But a reason also to show you the point of focus.

- 1993-1224-359 This, my ancient friend and beloved teacher {Judith}, did not have her point of focus upon a birthday and this one was totally surprised.
- 1993-1224-360 Happy birthday to this one as well.
- 1993-1224-361 The same to you.
- 1993-1224-362 Thank you. It has been a grand celebration of love and laughter, and all of you have had a part in that celebration.
- 1993-1224-363 Since, as you would see the time growing late in what time means to you, we will entertain questions in this part of your evening. We will give everyone an opportunity to ask what needs to be of the questions of the heart, and if there are not the questions that need to be asked, then it will be okay to pass, but the opportunity will be offered.
- 1993-1224-364 You, beloved one, would you have a question to ask?
- 1993-1224-365 I have a question. In healing work, and working with people, is it necessary for them to feel the source and their original pain and their fear in order to heal or to work with these people? Do they have to really get into the feelings?
- 1993-1224-366 It is not necessary that one experience consciously the pain. Oftentimes this will be the process that will bring it up for the release, but it is not necessary that one abide with pain. It is not necessary that one abide with whatever they would see as the cause of that pain. It is definitely not necessary for one to abide, as you see, years of timing in dredging up what would be seen as the source, for that only spends that interval of time in the place of the pain.
- 1993-1224-367 Well, let's say someone is carrying a lot of rage, a lot of anger, do they need to feel that and express it in order to clear it?
- 1993-1224-368 This is often the avenue that will be taken. It is not necessary but it is often the avenue that works best within the belief system of your brothers and sisters. Does that answer your question?
- 1993-1224-369 Yes, it does.
- As you can see, what has been held as a perception of something that has been a wrongdoing, either unto the brother or sister or as a wrongdoing they have done unto themselves, something they would feel guilty for, that is a perception within what I have called the Dream. This does not need to be consciously experienced to be released, for there is always in every

moment the shift of perception that allows the wholeness of the person to be experienced, where you would see the light go on, as has been described, and they will know themselves to be the Child of the Heavenly Father and that there has been never a transgression — either against them or one that they have done. This can happen in an instant. But often it does not happen until there has been an avenue, as they would see, a progression of releasings. So this is why there are levels of answer to your question.

- 1993-1224-371 In the belief system that you find yourself in, in this time and space, most of your brothers and sisters would need to feel the rage, the sorrow, the pain, to know that they were releasing it, to know that they have come through it. It is not necessary but it is the belief system.
- 1993-1224-372 So you will find in your working of healing that there will be those who will be as a miracle and just all of a sudden see that it has been a grand dream and it will be released. But most of the ones that you work with will see the necessity for a process and so a process, then, will be their reality.
- 1993-1224-373 Thank you.
- 1993-1224-374 Thank you, beloved one, for being willing to aid and facilitate others in their healing, in their remembrance of the wholeness that they are.
- 1993-1224-375 It's an honor.
- 1993-1224-376 Truly, it is.
- 1993-1224-377 And you, beloved one, would you have a question?
- 1993-1224-378 Just to look for validation for the journey that I've chosen outside of my past work as the path that's truly what I'm to be doing.
- 1993-1224-379 Yes, as you have discerned already, it is not by accident that you have followed the guidance to leave your form of employment and to start out on what you would see as a new avenue. There is much joy in this avenue, and you will be manifesting for yourself many opportunities, different arenas of healing, where it will call forth talents and abilities that you will remember from other experiences. You are at a place now where you are calling forth aspects of yourself that you have experienced in what you would see as other lifetimes. You will call them other healing techniques, other healing methods, other ways of approaching ones for their healing. These will be coming for you in insights that will come from the inner wisdom. They will be remembrances for you.

- 1993-1224-380 Yes, it is not by accident that you find yourself upon this path. There is much joy in it, much joy in sharing with the brothers and sisters, and much joy for yourself. Many remembrances.
- 1993-1224-381 And you, beloved one, would you have a question?
- 1993-1224-382 Yeah. Talk to me about the healing work from last weekend and also what's up ahead.
- 1993-1224-383 Ah, what would you see as being up ahead? What would you like to be ahead?
- 1993-1224-384 Whatever there is.
- 1993-1224-385 Then it will be whatever it is. This may be particles of dust. Is that what you would like to see?
- 1993-1224-386 **No.**
- 1993-1224-387 No. Let us have some clarity from the heart. What would you like to see?
- 1993-1224-388 You know where I am is whatever I have already decided it would be from the wisdom of my soul.
- 1993-1224-389 Yes, and this is true. This is for you the same as we have spoken unto this one: you are upon a path that is unfolding for you. The healing that you spoke of last weekend was, as you would describe it, powerful and at depth for you and for many others who were with you. There was the opportunity that afforded others to come unto a place of safety to examine restricting belief systems and to allow them to be released, for they are as old baggage upon the back and much was released. There was much healing. Everyone who was with you in the weekend went away with new perceptions and very much changed, much lighter.
- 1993-1224-390 You will see in the days to come this path that you are on again will be unfolding in ways that you do not even now imagine, but there will be coming unto you, there will be new ideas which will not be ideas from without yourself but they will be remembrances again of the wholeing that you have done in what you would see as other lifetimes and yet, it is the wholeing that you are, making all whole.
- 1993-1224-391 You will enjoy it. There will be many, as you would see, exciting adventures that you will be on, but they will not be as the roller coaster that would be fearsome. They will be exhilarating because you are coming unto a place of dynamic aliveness, dynamic wholeness even more than what you feel now and that is, as you know, tremendous. It will be growing.

This year that you are approaching, which you would call the new year, will be unfolding for you in many facets, many areas — the same as for this one; each in your own way — but will be for you an unfoldment as well, and very exciting. There is much joy in this year that you will be manifesting. It is not that you do not have the clarity of heart, for you do, and what you have decreed and what you have desired is unfolding and you will see that. It gets only better.

1993-1224-393 **Right.**

1993-1224-394 And you, beloved one, do you have a question?

1993-1224-395 Yes. This is my fortieth year in the new year, and what is that for me? It feels magnificent.

1993-1224-396 And truly it is. You are coming unto a place where you are allowing yourself freedom. You have fulfilled what you would see as what society would ask of you, some of the roles that society says, the earlier age that you would be. You have fulfilled those. You have come to a place where you are saying now, "This is my life," and it is in grand freedom, in even more depth that you can imagine right now. This year is going to be one of a gift each day unto yourself as you allow yourself the freedom to express and to know that Love that you are.

1993-1224-397 You will find many opportunities -- little ones and big ones -- that will come unto you that will allow you to be your Self with a capital "S". It is a grand year, and it is grand because you are allowing yourself now to be free of the constrictions and the beliefs, the values, that others would have placed upon you.

1993-1224-398 Is there going to be freedom to be with people and with my heart open with men?

1993-1224-399 Yes.

1993-1224-400 Will I meet my soulmate?

1993-1224-401 That question would always be seen as the big one. It is always the relationship, and that will be there for you. There is much sharing that you will be doing. There is one especially that is even now wanting to share with you the gifts that he has and is looking for one who would be accepting of the gifts that he has to share. Really, does it sound almost too good to be true?

1993-1224-402 It sound eerie, too.

- 1993-1224-403 It will unfold as the petals of a flower. It will not come up before you as the bud and then immediately open up full bloom, but it will be in its own time a process of unfolding -- as you are opening to who you are, allowing that to be -- so that it will not be scary in that it will be a step at a time and you will feel comfortable with each step, for truly, it will not unfold until you feel comfortable with each petal unfolding. It cannot happen. It will be exciting.
- 1993-1224-404 I think so. Thank you.
- 1993-1224-405 You are welcome. It is not for you to thank me, beloved one, for truly you are the one who is manifesting and decreeing what you see in your life, but I join you in that.
- 1993-1224-406 And you, beloved one, would you have a question?
- 1993-1224-407 I have a question.
- 1993-1224-408 Yes.
- 1993-1224-409 I talked to you a couple of weeks ago.
- 1993-1224-410 Yes, and even more recently than that.
- 1993-1224-411 Yeah, the other night.
- 1993-1224-412 Exactly. Good.
- 1993-1224-413 And then we talked when I knew you before.
- 1993-1224-414 Exactly. And we talk always. Yes, proceed.
- 1993-1224-415 And I went home and I was with my brother, Rick. He read something about that lifetime to me. He said they sent me to an island for thirty-one years.
- 1993-1224-416 Beloved brother, it was something that you asked for at the depth of your soul. It was not that they sent you. It was that you chose to go in order to experience your wholeness, to get in touch with the Child of the Heavenly Father that you are and to express what you expressed with conviction.
- 1993-1224-417 I expressed a lot there.
- 1993-1224-418 Yes. It was not to be seen as a punishment, although the world would look upon it as that. It was what you chose to do, knowing your oneness, knowing that you wished to have what would be seen as the solitariness of being upon an island and yet, there were others there that you shared your life with. It is not that you were cast out and you were the only one. There were others, and you shared your Light with those others. And it was not by

accident that you found yourself upon that island with the others: they also chose to share that experience with you for they were ready and willing to accept what you had to share with them. Not all of them, but some of them.

- 1993-1224-419 You never find yourself in a place by accident. It is what you choose to experience. And there are many levels, as you would see, of reasons which the mind would come up with -- and yet, there is just one reason: the reason of coming Home again.
- 1993-1224-420 You were not exiled because you chose to be punished because you felt unworthy. It was not that at all. You accepted that as part of the mission of what you were doing in that lifetime and you knew that was to be the next chapter, and you served the Heavenly Father well.
- 1993-1224-421 Besides, beloved brother, you were never without me. Never.
- 1993-1224-422 **Forever.**
- 1993-1224-423 I love you with the Love that you are. And you are coming unto a place of accepting that in its fullness and knowing yourself to be that Love. You are the Love that you feel for me.
- 1993-1224-424 As you say.
- 1993-1224-425 A grand place to abide. {Hugging, stretching.} Would that I had my body of other times.
- 1993-1224-426 {Laughter.}
- 1993-1224-427 You, beloved one, would you have a question?
- 1993-1224-428 No. I don't think I do.
- 1993-1224-429 Then I will give unto you a blessing and tell you how beautiful you are. You are a joy to behold. You are a joy to be around, to be in your presence. Go as the Child that you are. Celebrate this Christmas with me as the Child that we are.
- 1993-1224-430 Thank you.
- 1993-1224-431 I go always with you.
- 1993-1224-432 And you, beloved one, would you have a question?
- 1993-1224-433 Not at this time.
- 1993-1224-434 Then know that you are loved with an everlasting Love, for you are that Love.
- 1993-1224-435 I do have a question.

- 1993-1224-436 Ah ha.
- 1993-1224-437 The things that you said earlier when you looked at me and the questions I came here with, that they seem to answer.
- 1993-1224-438 Yes.
- 1993-1224-439 Those were what I interpreted as my answers.
- 1993-1224-440 Those were your answers. It is not by accident.
- 1993-1224-441 I didn't think so.
- 1993-1224-442 Wisdom dawns.
- 1993-1224-443 And you, beloved one, would you have a question?
- 1993-1224-444 Which university should I attend?
- Ah, beloved one, it is not for me to say to you as a master above you who would dictate to you which is better for you. But it is for you to go unto the place of the heart and know where you would like to be. As you look upon the choices, there will be one that will feel lighter than the others. You will see more light around it. It will have a different feeling to it. It will have a feeling of welcoming, and you will know that is where you are to go.
- 1993-1224-446 You can make no wrong choice, but you can make a choice that feels more in alignment with who you are and what you want to express. Abide in the heart, in the stillness of the heart, in what you would see as your prayer time or your meditation time and just look upon the choices as you would as an observer with nothing invested in the choices, and just see them passing by as a movie and see which one calls to you, which one has a different feeling about it that says it has a welcome. You will know, beloved one.
- This is for the purpose of strengthening what you would see as your knowingness, to make your decisions. For truly, you are the one who has chosen to express upon this plane -- and it is a wise choice. You have much guidance. You are not here alone. It is not that you were just plopped upon this Earth to do the best you could for so many years and to hope that at the end of that you were worthy to go unto a place called Heaven. That is not it at all.
- 1993-1224-448 You have chosen to be here as the servant of the Heavenly Father, and you have chosen through the service that you wish to give unto others to come Home again yourself, to come to the place of knowing your holiness, your wholeness. This will be unfolding for you and there will be no wrong choices. You cannot make a wrong choice.

- 1993-1224-449 And you, beloved one, would you have a question?
- 1993-1224-450 I had a very clear knowing that I was to come tonight and you had a message for me. What is the message?
- 1993-1224-451 You are your own message, beloved one. You have chosen rightly to come here this evening, to follow the guidance of your heart, because truly, you were invited to be here, to be in the love in this room and in the Love that you are. The message I would give unto you is to go in the days to come following the guidance moment by moment that you felt so clearly. It is a Voice within you, a feeling within you -- it need not be words -- but it is a feeling within you that will not allow you to stray from your path.
- 1993-1224-452 You have chosen at a very deep level to come this lifetime into the fullness of knowledge of who you are, and by knowing that you will also know who your brothers and sisters are. You will know the Heavenly Father with Whom we are one and you will know that all of us are the Child of the Heavenly Father.
- 1993-1224-453 Know that you are guided by that infinite wisdom that abides in the heart, the wisdom that you listen unto. There will be one in the days to come in the next, what you will see as the next, two weeks of your timing that will come unto you heavy of heart and there is much that you will share with this one through the insights that you have gained. Thank you for being willing to do that.
- 1993-1224-454 You, beloved one, do you have a question?
- 1993-1224-455 No, I don't have a question, but I want to thank you for affirming what I already knew about our trip to Washington, D.C.
- 1993-1224-456 **Yes.**
- 1993-1224-457 It was wonderful.
- 1993-1224-458 A journey of healing on many levels. And, as you have seen, the gifts keep on giving.
- 1993-1224-459 **Yeah.**
- 1993-1224-460 Yes. This will continue into this next year of your timing. Many, many threads have been thrown out from that experience, many extensions. It has touched many lives. It is as the ripple in the pond that goes out, that starts as a small ripple and extends and extends.
- 1993-1224-461 And you, beloved one, do you have a question?

- 1993-1224-462 Yes, I've been feeling and thinking of John the Baptist. Is there some kind of reason for that?
- 1993-1224-463 There is always a reason. We would ask you, what is your knowingness about this?
- 1993-1224-464 Just ... proclaiming, and the wilderness.
- 1993-1224-465 Yes, you have had, as you have seen even in this lifetime, the wilderness experience.
- 1993-1224-466 Uh huh.
- 1993-1224-467 You are also coming unto a place now where you are feeling the freedom of expressing who you are and expressing the power of the Heavenly Father, not caring for what the world would say, but allowing the very joy and exuberance that you are to shine forth, as my beloved brother, John, known as the Baptist, did with grand freedom. He cared not for what the world would say of him. He cared not for what the others would do unto him, for he was so alive with the fire of the Light that he is that it could not be contained. And that is what is happening for you, beloved one: you are becoming so alive with the fire of the Light that you are that you are expressing it. Have not fear that your brothers will cast you into prison and will take off the head.
- 1993-1224-468 That wasn't one of my fears.
- 1993-1224-469 This will not happen in this lifetime.
- 1993-1224-470 Okay. Thank you.
- 1993-1224-471 Meditate further upon that, because there is more. It is not by accident that this occurs for you.
- 1993-1224-472 You, beloved one, do you have a question?
- 1993-1224-473 I'm trying to see which one. I seem to, when I get ultimatums or people say I shouldn't do this, I can't do this, I'm to the point where I don't care anymore. There's a trust that I'm learning, that I'm going to find ways to solve things, that He will bring them to me so that I don't need to live within those....
- 1993-1224-474 You are finding that you no longer need listen to the voices of the world.
- 1993-1224-475 Yeah, that's it.
- 1993-1224-476 You listen to the inner Voice. You abide in the place of the Heart, the place that you have called the place of trust, and it gives you much more peace and much more equanimity. There may be around you all of the dust storms,

all of the molecules being cast up into the air, but it need not affect your place of peace.

- 1993-1224-477 Yes. I think that's what I've found. Kathleen and John, were they brought to my home for a reason?
- 1993-1224-478 Very much so.
- 1993-1224-479 I was wondering.
- 1993-1224-480 It is not by accident.
- 1993-1224-481 As a helper. But is he near leaving the body?
- 1993-1224-482 This one will not lay down the body before some time yet, but there is much that you are sharing with each other and it is not by accident that you find yourself in proximity.
- 1993-1224-483 His belief about you give yourself all to the Lord and you don't have relationships....
- 1993-1224-484 It is, as you have said, his belief.
- 1993-1224-485 Okay. I'm trying to understand it.
- 1993-1224-486 Exactly.
- 1993-1224-487 Oh, there was one other thing: does Bridget have some kind of knowingness? Last Friday she kept us away from that shooting that was at the mall.
- 1993-1224-488 Yes, this one has what you would term a knowingness. It is not perhaps a conscious knowingness.
- 1993-1224-489 That's what I was wondering. She didn't want to go in the mall, but she must have had....
- 1993-1224-490 This one has not taken on the constriction of the world as much as some others that you would see, others that you would see as being older, and she is still very much in tune with the feelings of energy in places. Yes.
- 1993-1224-491 She's psychic.
- 1993-1224-492 Yes.
- 1993-1224-493 You, beloved one, do you have a question?
- 1993-1224-494 Yes. We understand that the Apostle Luke had greater knowledge of medical arts. Was he using Reiki healing or some other therapeutic healing?

- 1993-1224-495 He did what you would call the Reiki healing, the laying on of hands and the energy balancing. Yes.
- 1993-1224-496 How much more did he know than the other Apostles or did they all know the same amount of expertise?
- 1993-1224-497 My disciples, as you would see them, were trained to know the energy that they are, the healing energy, and they went out in two's, as you know, to heal others in the countryside. It was for them to know the energy of Love, of wholeness, that they are. And by going out and having to use the secrets -- I will call them but they were not hidden from anyone -- the secrets of healing that were shared in our circle, they were able to see for themselves, to demonstrate for themselves, their own wholeness.
- 1993-1224-498 Were any of the higher classes in the Roman and Greek population, were they ever minded to call on them for medical help?
- 1993-1224-499 Yes, many did. It was not that they would do this openly, but there were many who called upon my disciples and the Apostles and the Essenes for healing. Yes, the Essenes.
- 1993-1224-500 Is there other information you can give us about that aspect of history?

 Can you just tell us more?
- The ones that you would know as Essenes were ones who were very much in tune with the energy of the Light frequency that you are and the Love. They knew their holiness, the wholeness. They knew how to take energy from the Holy Mother, from the very energy of what you would see as the Earth, and to be able to direct the energy, to take the energy from the rays of the sun and to channel it into the little suns -- what you call the chakras of the body -- to be able to stand with one, with the hands upon one, and to discern where there would be the imbalances of energy and through the focus of intention, through the focus of oneness, to be able to direct energy to balancing.
- 1993-1224-502 They all used therapeutic laying on of hands.
- 1993-1224-503 Yes. Yes, this was the most direct method, but there was also the healing that was done without the actual hands being placed upon the body, because, as we have shared with you, you are the energy that activates the body. It is not necessary for me to touch you in order to establish a balancing of the energy that you are.
- 1993-1224-504 Your energy is very strong. Your energy is very strong even to here. There is much that one across the room could do in sensing your energy and in balancing.

- 1993-1224-505 I think I did my first patient today in a Reiki healing.
- 1993-1224-506 Thank you, beloved one, for being willing to do this.
- 1993-1224-507 Did the Apostles ever get in bad with the authorities because of their....
- 1993-1224-508 {Laughter.}
- 1993-1224-509 Indeed they did, beloved one. Especially with the religious leaders who did not want to see this. Yes, it was often a sore point that they did not want to accept. They did not want to see that there could be the healings that did not come through the ritual sacrifice and the usual procedures.
- 1993-1224-510 So it was practiced, as you would see, through the back door, and the Essenes were often called to homes quietly, and they would go unobtrusively and they would do the healing.
- 1993-1224-511 Okay, I'll let you off now.
- 1993-1224-512 Beloved one, thank you for letting me off. Were you having me on?
- 1993-1224-513 {Laughter.}
- 1993-1224-514 You are a grand delight.
- 1993-1224-515 Beloved one, would you have a question?
- 1993-1224-516 Howard and Mae had to leave.
- 1993-1224-517 They had to take the bodies away, yes.
- 1993-1224-518 Yes. Oh, yes, they took the bodies away because Mae had to get up at five in the morning. However, Howard had a question to ask, and I asked him to break in and ask and he said if you wanted him to ask, you would have turned around and asked him. And I said, No, you want him to develop his own sovereignty.
- 1993-1224-519 This one knows that our communication does not happen only in this form.

 There is much communication that this one known as Howard, Firewalker, and

 I have at all times. There are times when this one would like the validation
 and the confirmation of what he already knows.
- 1993-1224-520 Well, the question is, his question: on Thursday night we bring out the cards from the "Course In Miracles", and you know it's a large box of cards, and the last three Thursday nights in a row he has received the same message. It's quite unusual but, the message is: "If you are not hearing the message, it's because you choose not to hear."
- 1993-1224-521 {Laughter.}

1993-12-24 Oakbridge University Channeled by Judith Coates 1993-1224-522 Can anything be more clear? 1993-1224-523 I don't think so, but he wants you to expound on that. 1993-1224-524 He's not here to hear it, though. 1993-1224-525 {Laughter.} 1993-1224-526 There is beautiful symbolism in the fact that this chair is empty, that he has taken himself away. 1993-1224-527 Whenever you would have the same message coming unto you several times in a row, it is for one to look and to put the focus of attention with clarity upon that message and to take it deeply within. The message itself is telling him to stop and to go unto the place of the heart. There is much wisdom in this one, in the place of the heart. 1993-1224-528 There are certain issues that this one would turn his countenance away from and not look upon, and yet it is time that he become one with issues that he does not want to look at. It is his choice, for in the fullness of time he will look at the issues that he wants to put behind the shoulder somewhere and not look at. It is not that they are fearsome, but it is just that he has not chosen to look upon them. 1993-1224-529 Tell him to heed that message ere he get it again. 1993-1224-530 {Laughter.} 1993-1224-531 The message is one of great simplicity; it is the theme of this evening. 1993-1224-532 Does she have a question now, since she asked for Howard? I'll buy myself more time. 1993-1224-533 Beloved one, you have all of the time of eternity. Why would you need to buy more? 1993-1224-534 So I can formulate my question and sound a bit more wise. 1993-1224-535 And yet, who would judge you? Answer me that question first: who would

judge you?

1993-1224-539 What would your question be? We haven't forgotten you.

the Atonement and that is why I am here.

1993-1224-540 I'd like to share from my heart that I desire nothing more than to serve

1993-1224-536 Well, sometimes I do.

1993-1224-537 **Exactly**.

1993-1224-538 Okay.

- 1993-1224-541 Yes.
- 1993-1224-542 Whew! Good. Okay.
- 1993-1224-543 Breathe, beloved one.
- 1993-1224-544 As you had said to me earlier, that we all choose our own path and that indeed I have chosen one here, much has been unfolding for me on this path.
- 1993-1224-545 Yes, much acceleration.
- 1993-1224-546 From a heart place.
- 1993-1224-547 **Yes**.
- In order to bring up, it really hurts. I wanted to ask for clarity but now I know the answers... that with the separation of our relationship coming about and moving out, actually to New Mexico... After having moved here to serve Spirit, to be a part of the vision of Oakbridge, I wanted to be a part of community and family and spirituality. Now, after eighteen months here, in a flash I'm heading back, and I'm still bewildered and I... I've got mixed emotions and a lot of fear.
- 1993-1224-549 Beloved one, do not see this journey that you are about to embark upon as being one that will take you away forever. You will be back in this geographical area soon, but it is important for you to take the body and the perceptions away from this space so that you will get the clarity that you have asked for.
- There has been much that has come up for you in the last few months of your timing. You have asked that these issues come up so that you may see them and to experience them. No longer do you wish to have them as baggage upon the back. You want them right up in front to be experienced and released. Honor your courage in doing this.
- 1993-1224-551 You are at a place now where you are strong enough to handle what has come up. It has not devastated you, although there has been pain. Other lifetimes you were devastated to the point of laying down the body. Congratulate yourself in this lifetime that your perception has shifted and you are still experiencing.
- 1993-1224-552 I love who I am incredibly.
- 1993-1224-553 Exactly, and you have the courage to follow that path unto freedom. But this journey that you are about to embark upon is one for the purpose of getting some distance, as you would see it, geographical distance and also

emotional distance, to be able to look upon the occurrences of the last few months and to see that it takes two to dance.

- 1993-1224-554 You have felt your own issues but there have been issues in the other one that have come up to be seen as well, and it has not been what you would see as a thing to be guilty about. There has been love in amongst the whole roller coaster ride. Yes, there has been much.
- This trip you are about to embark upon will give you the clarity that you seek. There needs to be a healing in the heart. Not because it has been cast asunder, but because you need to come unto a place of peace about this and it is time now to make the journey to allow yourself the distance, to be able to look upon it. But it is not a journey that means you will be back there for a long time. You will find yourself returning here, for truly, you have a family here. It will not be long. Just long enough.
- The intellectual, logical aspect of myself is I would love to be better prepared for this, for I am literally selling all my material possessions and taking but the shirt on my back and trusting that I will be provided for. And that really brings up a lot.
- 1993-1224-557 This is not the first time that you have done this -- either in this lifetime or others -- and always, beloved one, you find yourself provided for. The body -- it does not look like it is wasting away. It will not.
- 1993-1224-558 And as you know, I've been calling forth your presence with me on a day to day basis, as well as Saint Germaine and Archangel Michael, and I will continue to ask for support, guidance and assuredness that all will be provided for and I am indeed one with God and I am His Holy Son.
- 1993-1224-559 You are. So be it, beloved one, for it is a Truth. It is a Truth. Know that you are one always with the ones that you have named and with many more. It is not a journey that you make by yourself, and it is not by accident that you find yourself going upon this journey. You go always with grand company.
- 1993-1224-560 Thank you.
- 1993-1224-561 It will be a grand adventure and you will be provided for. You have my assurance on that.
- 1993-1224-562 I'll hold you to your word.
- 1993-1224-563 My word is the Word of God.
- 1993-1224-564 **Amen.**

1993-12-24	Oakbridge University Channeled by Judith Coates
1993-1224-565	Use my strength until you feel yours to be as certain as mine, for truly my strength is your strength, but until you know that, call upon mine and it is yours.
1993-1224-566	Indeed, I shall. Thank you.
1993-1224-567	So be it.
1993-1224-568	So be it.
1993-1224-569	And now, beloved one, I have not forgotten you. Would you have a question of your own? You need not, but if you want, you may.
1993-1224-570	{Silently, mentally asking a question.}
1993-1224-571	Be it done unto you as you have asked. It is yours.
1993-1224-572	Beloved one, I welcome you.
1993-1224-573	Thank you.
1993-1224-574	Thank you for coming. Would you have a question?
1993-1224-575	Actually I don't. Yes, I do have a question. I've been thinking about it and I really didn't come up with one.
1993-1224-576	Well, I'll ask one for him.
1993-1224-577	You have had yours.
1993-1224-578	{Laughter.}
1993-1224-579	But I enjoyed coming here this evening. It has opened me up to a way of thinking, and just the openness of everybody here I've really appreciated it.
1993-1224-580	Thank you for bringing your presence of Love and sharing it with us.
1993-1224-581	You're welcome.
1993-1224-582	We will do this again.
1993-1224-583	Thanks.
1993-1224-584	And you, beloved Songbird, would you have a question?
1993-1224-585	Not really, no. I've always got lots of questions in my mind but
1993-1224-586	And we speak often.
1993-1224-587	At the moment I feel like it's all the things I need to sit with myself.

1993-1224-588 Yes, to sit and abide in the heart. So be it.

1993-1224-589 And you, beloved flower, would you have a question?

- 1993-1224-590 About my father, Heinz, is he planning on reincarnating again so soon?
- 1993-1224-591 Yes.
- 1993-1224-592 And now in our rescue group a week ago he was standing behind me, and there was a little boy at my feet, and I guess the little boy is supposed to be him in his next lifetime?
- 1993-1224-593 Yes, it was to show you that he has already chosen. For what you see as in this plane, there is time, the process that you would see moment by moment, minute or day, month, year. In the realm where he finds himself as Light, there is no time. It is instantly as one chooses, then it manifests. And this one, as you know, has come unto knowing himself to be the Light. There was, as you would call it, a grand enlightenment.
- 1993-1224-594 I'll say, from what he was before.
- 1993-1224-595 And he has chosen that he will express the energy that he is in another form, as another male form.
- 1993-1224-596 Is this little boy someone that I'll be in contact with, like a grandchild or something?
- 1993-1224-597 No, you will not know this one as directly as that, but this one can be communicated with through what you would know as telepathic means, through intuitive means, through the heart.
- 1993-1224-598 So this is not a person that I'll see, you know, in body?
- 1993-1224-599 No.
- 1993-1224-600 Will this happen very soon, you know, in our time? I'm surprised. He hasn't been dead that long.
- 1993-1224-601 Well, you see the surprise, beloved one, comes from the belief in the world of linear time and how everything must evolve in a process. This one has chosen to experience again in what you would see as using the bodily form and yes, it will happen soon, as what you would see, for the decision has been made.
- 1993-1224-602 Thank you.
- 1993-1224-603 You will have more communications which will surprise you, for truly, you are not separate from this one or from any other. One of the blessings that is coming to you out of this and one of the blessings you are sharing with others is the fact that there is no separation, that you can tune into the energy known as your father and accept the expandedness that he will be

expressing again in another form. There is no separation, no separation at all, beloved one. You are very Love itself.

1993-1224-604 Would you have a question?

Ohhh, I have a bunch of questions. But I know that all of the answers are in the world still, but a life like me that is always laughing and dancing and happy and... I'm still happy today but I cry a lot. Things make me cry. Anything. Even seeing a flower makes me cry. A person is talking to me and I'm crying. Something else happens and I'm crying. What is this? It isn't a negative.

1993-1224-606 It is not negative.

1993-1224-607 My heart opens when I cry. Do you know what I mean?

1993-1224-608 Exactly.

1993-1224-609 It is like cleansing.

1993-1224-610 Yes, you have discerned your own answer. The heart does open, and you are in a place in this lifetime where you have said that you will experience everything in the feeling level of it. Other lifetimes you have gone tripping gaily through and putting the feelings into what you would see as an iron chest and keeping it tightly locked.

1993-1224-611 Now you are willing and you are ready to feel all of the feelings, to allow even the beauty of a small flower to open you up, to know your oneness with the Love that that flower is and the Love that it calls forth from you. You are the flow of Love, and as the flow flows from the eyes and down the chin, know that it is the flow of Love that you are.

1993-1224-612 **Wow!**

1993-1224-613 Wow. You are to honor yourself, beloved one, for having the courage to allow these feelings to be expressed and to be felt in their clarity. Many of your brothers and sisters do not even feel the feelings as you do, for they are afraid that the feelings themselves will devastate them or will change them. And truly the feelings will change them, for it will open up the heart and they are not sure that that is a safe place to be.

1993-1224-614 You are trusting yourself enough to feel these feelings. You are saying, "I am worth, I as the Child of the Heavenly Father am worth releasing old sorrows. I am worth being one with the beauty of the world, with the beauty of my brothers and sisters, with the beauty of the small flower. I know myself to be One." And you are allowing that to be felt. It is a grand place to be.

1993-12-24	Oakbridge University Channeled by Judith Coates
1993-1224-615	It was one of the steps, if you will receive it, that I experienced on my way to knowing my oneness with the Father.
1993-1224-616	I am experiencing a lot of pain physically, mentally. I am in a turmoil
1993-1224-617	You are going through what you would call an earthquake.
1993-1224-618	Uh huh.
1993-1224-619	You are, you are allowing a lot of feelings to come up, a lot of remembrances that don't even need to be conscious, but ones that are being released. They are being felt within the body and they are being released. You do not have to know what they come from. You do not have to sit with them to know which lifetime and what horrible, as you would judge it, experience it was. Just allow it to go.
1993-1224-620	You are on a very accelerated path because you have chosen, because you have said that you are ready and willing.
1993-1224-621	Beloved one, how are you?
1993-1224-622	Good.
1993-1224-623	Would you ask a question?
1993-1224-624	I don't have a question. I don't have a question.
1993-1224-625	You have much love and much energy. Do you know that you allow others who are in your presence to grow? You have seen this with the flowers that you raise, the plants that you turn the sunshine of your countenance upon. You do this also with your brothers and sisters as they come in your presence. You allow them to expand and to know the Light that they are. Continue. You are a joy.
1993-1224-626	Beautiful one, do you have a question for me?
1993-1224-627	Yes. Is Paul safe?
1993-1224-628	Yes, he is.
1993-1224-629	Thank you.
1993-1224-630	He is on an adventure. He is safe. Yes.
1993-1224-631	Hello, beloved angel.
1993-1224-632	Hello.
1993-1224-633	How are you this evening?
1993-1224-634	I'm fine.

1993-1224-635 Would you have a question?

- 1993-1224-636 Well, yes, I have. I'm puzzled because I'm so aware of infants and the expressions that they show, their eyes and their smiles and their puckers. What is it? I've always been very fond of children and want to be around them, but now I go to the store and all I see is infants.
- 1993-1224-637 Beloved one, you are symbolizing outside, seemingly outside of yourself, the new birth that you are allowing to happen within.
- 1993-1224-638 Is that right?
- 1993-1224-639 Of course, that's right.
- 1993-1224-640 {Laughter.}
- 1993-1224-641 You mean all those cute little smiles and...?
- 1993-1224-642 Yes, that is why you are seeing yourself with the focus of attention upon the ones that you would call infants. It is showing you the new birth that you are allowing to happen within your own perceptions. It is also showing you what you are perceiving them to be: the oneness, the Love that they are showing in grand spontaneity without the constrictions. They do not hold back. They just express who they are. You are doing the same.
- 1993-1224-643 You are the Child of the Heavenly Father and you have said, "I wish to experience this. I wish to know the Child that I am," and now, all of a sudden, these infants are popping up all over.
- 1993-1224-644 They sure are.
- 1993-1224-645 See yourself in each one, as you have. Know yourself to be one with that one that is looking back at you, that one that is smiling, that one that is crying, that one that is puckering, that one that is kicking. That is you: very much alive and very much one with the Life energy that you are. It is not by accident that you are noticing these.
- 1993-1224-646 Well, thank you.
- 1993-1224-647 Thank you, beloved one. You are hearing what I have been endeavoring to impart about the Christ child. Give yourself some credit and a pat on the back.
- 1993-1224-648 **Okay.**
- 1993-1224-649 Okay. You can do that.
- 1993-1224-650 All right.
- 1993-1224-651 Beloved radiant one, how are you this evening?
- 1993-1224-652 **Great**.

- 1993-1224-653 Would you have a question?
- 1993-1224-654 Well, before I ask the question, I'd like to share and give thanks to Father/Mother God for sending this beautiful bird -- I think it was the bird of peace -- in my backyard, and I felt it watching me. I mean, it was just... I felt the feeling and it was looking down at me and it was beautiful, just beautiful. Anybody else would have thought it was just a bird but I felt it looking at me. It was such a beautiful feeling, and it's been much more peaceful since it landed. It went away but it's beautiful.
- 1993-1224-655 And thank yourself, beloved one, for having the eyes and the heart to see what this would share with you. This one truly is a bird of peace, as you have seen.
- 1993-1224-656 It was unusual. It's a little different, then.
- 1993-1224-657 Yes. It was not by accident that this one appeared to you. You called it forth, as you call me forth. It is your companion as well.
- Oh. Well, I was reading this book and it had some... it was a publication of some channeled writings, and this woman lives somewhere in Arizona or something, and it's kind of puzzled me and it's bothered me, and maybe I better ask you. It had something in there regarding the government that was going to start requiring individuals for I.D. purposes to have implants in their wrists. Is this going to happen? Are they going to start requiring something like that? Like is that going to be in a hundred years? I don't want anything in my wrists and I don't want anybody else to have that for identification or anything else any other way.
- In what you would see as the Dream of the holy Child of the Heavenly Father, this will be someone's truth. It will be what they will experience and they will live. It does not need to be your Truth. You will not choose to experience that, for you have already experienced that and that is why you have such a strong reaction to it.
- 1993-1224-660 You have come through lifetimes where this was actually done. The wrists, as you know, are chakra points, very powerful points of energy on the wrists. This is why in many times the metal bands, the bracelets of the slaves were placed around the wrists. It was known to be an energy point, and that's why the iron -- or whatever metal was used in the civilization -- was clamped around the wrist: to slow down the flow of energy that you are, to impede the flow.

- 1993-1224-661 This has been done in lifetimes that you have experienced. In some of your brothers' and sisters' point of focus they will experience this because it will be something that they will have chosen to experience, but it need not be yours and it will not be.
- 1993-1224-662 Is it going to be touted as something that's going to make it more convenient for everybody as it says for I.D. purposes?
- 1993-1224-663 It will be touted in different ways in order to sell it, but again, you do not need to buy it.
- 1993-1224-664 Is there going to be some kind of punishment? I don't know if punishment is the right word, but are people that don't have it, are they going to have to use another door or something or what? You know. "You don't have it on your wrist. Go away."
- 1993-1224-665 What you will be seeing in your days to come are many choices. You are faced in every day with choices as to how you will feel about certain circumstances, relationships, anything that occurs in that day. Each moment is a choice as to what voice you will listen to, whether the voice of the world would speak unto you of fear and constriction and of punishment and ones outside of you of having power over you, or, whether you will listen to the Voice of the Heavenly Father that tells you, "You are the beloved Child and you are Love and you are Light and you are all power, the power of beingness."
- There will be some of your brothers and sisters who, because of habits of belief, will see it as not even a choice but they will choose on some level to see that as their "reality." You will not have that. Your choice of what you would see as your future is determined in each moment as you go, as the person who sees the little bird of peace, as you go feeling gratefulness, gratitude in the heart for the Heavenly Father and the Holy Mother. You are in a different place than others who would see constriction and control and power outside of themselves. Your path in the days to come will not be that path. Not unless you would choose it to be. And as you have seen, you do not want that.
- 1993-1224-667 Do not fear this, but know that you are greater than this. There is a grand principle in this message, for this applies to everything, every choice in your life and in the lives of your brothers and sisters. Do not fear something, but know the Truth of it. Know the Truth of who you are. Know that you are the one who is creating the grand drama that you are living, that you have a choice in every moment, and as you have been choosing to be the joy, the love and the beauty upon this plane, and I do not say those words lightly —

well I do: Lightly -- but I do not choose those just at random; you are the joy, you choose momently to be that joy and the Light and the Love upon this plane.

- That is the power that surrounds you, as you would see it, that will keep the other belief from you. It is not that you need to be protected from something that would come and attack you, but it is because of the very power of the Love that you are that you will experience the Love that you are.
- 1993-1224-669 Do you see? It will be a "reality" for some. It will not be your "reality." Does that answer your question.
- 1993-1224-670 Will life be made more difficult for people that do not choose this?
- 1993-1224-671 In their perception of what reality is, yes.
- 1993-1224-672 Okay. Thank you.
- 1993-1224-673 It is not the reality of who you are for that is changeless and eternal. You are the Light and Love of the beloved Child of the Heavenly Father, but within what has been termed the Dream, the grand drama, there are many "realities" that are experienced, and each of your brothers and sisters choose momently by what you would term their nature it is not their true nature but it is the nature that they have accepted as being their personality, I suppose we will call it, their belief system they choose momently what world they would abide in: whether it is the world of the Heavenly Father which is the Light and the Love or if it is the voice of the world that speaks of pain and suffering and power outside of one. Do you see?
- 1993-1224-674 **Yes.**
- 1993-1224-675 That is how powerful you are. It is your choice.
- 1993-1224-676 It has been my choice to abide with you in this evening of your time. It has been my grand joy to be here and to abide with you as we do always in one form or another. But it is my grand delight to come and to be able to touch, to experience the energy and the Love that you are in this form, in this fashion. For truly, your energy is unlimited and unbounded and you abide with me always in the Kingdom of our Heavenly Father. We are, at this very moment, flying. We are, at this very moment, loving. You are truly Love incarnate.
- 1993-1224-677 Give unto yourself the gift of the Christ child in this your season of the holy days. I honor the Child that you are.

- 1993-1224-678 Thank you.
- 1993-1224-679 I honor the great spontaneity and freedom that you express.
- 1993-1224-680 Throw a blanket over me; I'm here for the night.
- 1993-1224-681 Truly. The beloved Child of the Heavenly Father, all. Even the sleeping ones. {Children asleep in the room.} So beautiful. Such peace.
- 1993-1224-682 You have given unto me in this evening of your timing a grand gift. It has been your Christmas gift unto me. And when you awaken on what you would see as your Christmas day, give unto me the gift of knowing your Self to be the Christ child. You are beautiful -- every one.
- 1993-1224-683 Would you tell me something about this beautiful Light of mine? {Her daughter.} It's so painful.
- 1993-1224-684 It is only painful, beloved one, when you look upon it with what the world would speak unto you.
- 1993-1224-685 **{Sobbing.}**
- 1993-1224-686 It is painful.
- 1993-1224-687 Abide in the heart and know this one to be your equal. This one is as powerful as you are. This one is experiencing as you are. This one is not a victim of anything happening. This one is choosing to express, and this one is safe. Do not fear for this one.
- 1993-1224-688 It doesn't hurt her but it hurts me.
- 1993-1224-689 Beloved one, you do not need to be hurt. Turn those feelings of hurt unto me. Give them unto me. I take them. I know them to be what they are: not the Truth. But give them to me. You do not need to carry them any longer. You do not need to carry them any longer. Your Heavenly Father does not carry the pain and sorrow of this one. This one is loved. Do not carry pain about this one, beloved one. You do not need to. Give it unto me.
- 1993-1224-690 Each time it comes up, just say, "Here, Jeshua, take this," and I will take it. Remember that has been said.
- 1993-1224-691 It is important now that we bring this evening to a close. Thank you for choosing to be with me in this manner this evening and to express the beautiful Child that you are, all of you. You are truly the Christ Child incarnate.
- 1993-1224-692 This Christmas give unto yourselves -- give unto your Self -- the gift of Christmas.

1993-1224-693 **So be it.**